



The Official Publication of the
Bicycle Club of Philadelphia
Founded 1979

Quick Release



Volume 31, No.6 - June, 2008

Wheeling with the President

by Margaret Lenzi

Bike Sharing in Philadelphia: An Idea Whose Time Has Come

As you may know, bike sharing is the buzz word for free or nearly free access to bicycles for inner city transport. The user unlocks the bike which is secured in a bike station, rides it to another station, and then slips it back into its docking station for the next user. Many European cities have them such as the highly successful program in Lyons, France and the recent program in Paris. Washington DC will become the first city in the nation with a public bike-share program starting in May. Will Philadelphia be far beyond? Many supporters and advocates for bike sharing hope not.

On behalf of the Bicycle Club of Philadelphia, I gave public testimony at a City Council hearing on April 30 in support of a public use bicycle program in Philadelphia. The essence of my testimony was that such a program will facilitate more bicycling in Phila, make it safer for all, and provide an environmentally friendly and healthier transportation option to many residents, visitors and workers in Philadelphia. The Deputy Mayor for Transportation, Rina Cutler, testified that she is in favor of the concept but wanted more information on the best business model to use. The Bicycle Coalition is actively working on many levels to help bring this program to Phila.

It is now up to Philadelphia and the new administration to see if they can take this bold step into the future. I want to thank all the BCP folks who sent letters to Mayor Nutter in support of this program. We will need the continued support of the bicycling community in the years to come to make bike sharing a reality in Phila.

Bike Happenings around BCP

This is a very busy time of the year for bicyclists and BCP. Here's what's happening:

BCP's Annual Picnic at the June 8 Pro Race. Ride to the Pro Race and enjoy watching the race with some good food and BCPers. See the flyer in this issue for more info.

New Tuesday Night B Training Ride started in May. Thanx to Bruce Taubman, B riders have another regular ride during the week. Check it out.

BCP Tailgate/New Members Night at COS on Monday night, June 23. Come out and join us for a ride, food, and gifts. See Current Ride Listings for more details.

Century Early Bird Registration ends June 30. Don't miss the opportunity to register early and get the largest discounts on registration and a gift. Prices go up July 1.

New Ride Leader Training brings out more ride leaders. 20 potential ride leaders showed up for the training on May 6. Thanx to Tom Lipscomb who facilitated the training and our panel of experts- Jeff Bakely, Chris Beetham, Howard Hochheiser, and Howie Wiener. Now for more rides.

Spring Event a record blast – Linda McGrane did another incredible job of coordinating a non-stop eating and riding feast for a record attendance of 90+ cyclists from Phila and the region.

So keep your rubber to the road and be safe out there.

>>>Dates to Remember<<<

Scenic Schuylkill Century

Saturday, Sept. 13

Monthly BCP Meeting

Wednesday, June 4

Manayunk Diner

3722 Main St., Philadelphia

Mailing the Newsletter

Tuesday, July 1, 6:30 p.m.

Wolf, Block, Schorr and Solis-Cohen

1650 Arch St., Philadelphia

Deadline for Newsletter:

10th of each month

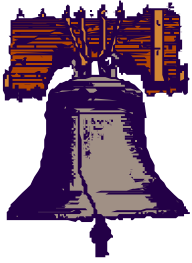
Send articles, ride reports, ads and stories to:

Michael Lefkowitz

25 Louella Court, Wayne PA 19087

email: michael.lefkowitz@verizon.net

Join: Bicycle Club of Philadelphia



FOR PRO CHAMPIONSHIP RACE & ANNUAL PICNIC



DATE: Sunday, June 8, 2008

TIME: 9 am – 3 pm for the International Pro Cycling Championship race [www.procyclingtour.com]

STARTING AT 11 am- BCP is hosting its Annual Picnic for all BCP members – BBQ & Refreshments

WHERE: Lemon Hill in Fairmount Park

[Overlooking Kelly Drive, near Art Museum, a favorite spectator spot along the race course]

VISIT BCP'S HOSPITALITY BOOTH ON LEMON HILL

Please feel free to visit our booth – look for the canopy tents, "BCP" banner, and red, white, & blue decorations. You'll be able to:

- § Meet some of BCP's friendly members;
- § Learn why **Philadelphia** is one of the most bike-friendly cities in the US;
- § Obtain details on BCP's year-round calendar of cycling & social activities, descriptions of the various ride levels [e.g., speeds & distances], monthly schedule of rides & other events, membership benefits, etc. **We welcome cyclists of ALL levels of ability & interest!**

BIKE TO THE RACE Cyclists can bike to the Race and BBQ from several locations throughout the greater Philadelphia area. Check out BCP's June 8th Ride Listing for a convenient starting location near you.

Please join us on Sunday, June 8 at Lemon Hill

Scenic Schuylkill Century -- Saturday, Sept. 13



THE BICYCLE CLUB OF PHILADELPHIA'S
12TH ANNUAL
SCENIC SCHUYLKILL CENTURY
A Philadelphia Cycling Weekend Event
SATURDAY, SEPTEMBER 13, 2008
 Rain or Shine



Welcome to the award winning Scenic Schuylkill Century (SSC). Remember, Bicycle Club of Philadelphia (BCP) members receive discounted registration, so if you are not currently a member, this is your opportunity to join. Or register by August 22 for both Philadelphia Cycling Weekend events, the Scenic Schuylkill Century on Saturday, Sept. 13 and Commerce Bank Bike Philly (www.bikephilly2008.org) on Sunday, Sept. 14 and receive an even greater discount, plus a gift from each event.

REGISTRATION FORM

^s Please print clearly ^s One person per form ^s This form may be reproduced ^s
 Or register on-line at <http://www.phillybikeclub.org>. Quick, easy, no fee and saves time at event check-in.

Name: _____ **E-mail address:** _____
Address: _____ **Emergency contact:** _____
City: _____ **Emergency phone:** _____
State: _____ **Zip code:** _____ **Cell phone during ride (for emergency):** _____

Please check the appropriate box	BCP Member	Non-Member	Philadelphia Cycling Weekend Pass (both SSC & Bike Philly)
Early Bird Registration (received by 6/30)	☒ \$20	☒ \$25	☒ \$50 (saves \$10)
Pre Registration (received by 8/22)	☒ \$25	☒ \$30	☒ \$60 (saves \$10)
Late Registration (received by 9/8)	☒ \$25 (no gift)	☒ \$30 (no gift)	☒ \$65 (no gift, but saves \$15)
Day of Event (registration opens @ 6:45)	☒ \$30 (no gift)	☒ \$30 (no gift)	Not available

Membership - to renew or join BCP Monthly club newsletter: ☒ \$15 - Email ☒ \$20 - Paper mail

Registration:	\$ _____
BCP Membership:	\$ _____
Total Enclosed:	\$ _____

Make checks payable to BCP

Mail to:
 Bicycle Club of Philadelphia
 P.O. Box 30235
 Philadelphia, PA 19103

- Event is rain or shine
- All registration fees are non-refundable
- SSC day of event registration opens at 6:45
- Must be present to receive gift

Gift: Premium Aireator Socks by Defeat ☒ Small (Women's 6-8) ☒ Large (Men's 9.5-11.5, Women's 11-13)
 (must register by 8/22 to receive gift) ☒ Medium (Men's 7-9, Women's 8.5-10.5) ☒ X-Large (Men's 12-14)

I plan on riding: **Scenic Schuylkill Century** **Bike Philly** (only if registering for both events)
 (you can change your mind) ☒ 25 mi. ☒ 38 mi. ☒ 65 mi. ☒ 100 mi. ☒ 8 mi. ☒ 20 mi. ☒ 35 mi. ☒ 50 mi.

Rider Release: I understand that participation this Bicycle Club of Philadelphia ("BCP") activity is at my own risk and that BCP's policies require that I obey traffic laws, wear an approved safety helmet and practice safely and courtesy in cycling. Furthermore, by participating in this BCP event I hereby represent that I am able to operate my bicycle properly, my bicycle is in good mechanical condition and I am in good health. I acknowledge that I am aware of the risks and dangers inherent with participating in this BCP event and knowingly and voluntarily assume the risk of injury resulting there from. I acknowledge that BCP and its directors, officers, members, contributors, sponsors, and other event coordinators are not insurers of my personal safety or property and do not assume any liability for personal injury or property loss sustained during this BCP event. By signing below and in consideration for being allowed to participate in this BCP event, I fully release BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators from any liability, specifically but not limited to liability for their negligent acts, stemming from or relating to past or future BCP sponsored events or activities. **I have read and understood this notice and release, and intend to be legally bound by it.**

Signature of Rider _____ Date _____ Signature of Parent, if rider is under 18 years of age _____ Date _____

June Ride List

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific ride leaders and any additional information on the ride.

Sundays

Sunday B Ramble. 12:00 PM. Class B, 14-15 mph, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. Note: There will be no B Ramble on June 8 or June 15. *Coordinator: Jim Laurino, 215-476-5091, bcpbit709.x.jimlaur@dfgh.net.*

Sunny Sunday Afternoon D Ride. Noon. For the beginner who wishes to learn and improve biking skills. Usually 12-20 miles. Meet at the formal entrance to the Azalea Garden at the circle behind the Art Museum. Note: There will be no D Ride on June 8 or June 15. *Coordinator: Jeff Bakely, 215-843-1093, rides08.x.bcpjeff@dfgh.net.* See Monthly Ride Calendar for the week's leader and other details.

Sunny Sunday C Spin-Off. 12:15 PM. A true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum. Note: There will be no C Spin-Off on June 8 or June 15. *Coordinator: Tom Witt, 215-977-2164, twitt@wolfblock.com.*

Mondays

Monday on the Main Line. Come on the largest evening bike rides on the Main Line. Multi-level rides meet at 5:30 PM and leave at 6:00 sharp every Monday (except holidays) June thru September at the Church of the Saviour, 657 N. Wayne, Ave, Wayne, PA. We meet in the rear parking lot of the church adjacent to the gym (Bld. F). Bathrooms (for changing clothes) and water are available inside the gym. Ride categories include: beginner, D, C, B-, B, B+/A for road bikes plus "hybrid" and "tandem" ride groups. *Leaders: Tom Madle, 215-641-7686, TMadle@RohmHaas.com and Mike Lefkowitz, 610-687-2923, michaellefkowitz@gmail.com.*

Tuesdays

Chestnut Hill Lunch Hour Ride. 1:00 PM. Class A-/B+, 15-16 mph, 15 miles. Starts outside Borders Book Store in Chestnut Hill. Routes vary from moderately to very hilly. Relaxed dress code. Email me if you want to do this ride but a 12:00 start time would work better for you.

Leader: Dave Hanson, 215-836-9265, drh1055@comcast.net.

Narberth Chain Smokers. 6:00 PM. Class B, 15-16 mph, 28-36 miles. Training ride through the Main Line and Valley Forge Area. We will increase mileage as the summer goes on based on everyone's conditioning. Start in front of Mainly Bikes, 229 Haverford Ave, Narberth. We are looking for a B- pace ride leader. *Leaders: Art Elwood, 856,429-7733, artelwoodcpa@gmail.com and Jeff Kimmel, 610-745-1366, jeff_signs@yahoo.com.*

Tuesday Night Training Ride. 6:00. Class B, 15 mph, 30-38 miles depending on sunset. Departs from the Italian Fountain behind the Art Museum. We head north thru Fairmount Park, cross the McCallum Bridge to Germantown and beyond. *Leader: Bruce Taubman, 215-735-7935, taubman@earthlink.net.*

Evening Ride from Mt. Airy. Ride starts promptly at **6:00 PM.** Class C+, 12-14 MPH, 20 to 32 miles. Average speed and distance will increase as the days get longer. Meet at the Allen's Lane Train Station at the corner of Allen's Lane and Cresheim Road. *Leader: Jeff Bakely, 215-843-1093, rides08.x.bcpjeff@dfgh.net.*

Wednesdays

Northeast Training Ride. 5:30 PM. Class B-/C+, about 20 miles. A ride into Bucks County and back. Call or email to make sure ride is going; no call (or email), no ride, but there are a few committed riders, so most nights the ride will go. Front and rear lights required. Ride will return around 7:00 PM. Meet in the Lincoln High School pool parking lot, on Rowland Ave just north of Ryan Ave. (Note change of location on June 18.) *Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com.*

Thursdays

Chestnut Hill Lunch Hour Ride. 1:00. Class A-/B+. See Tuesday ride listing for more details. *Leader: Dave Hanson, 215-836-9265, drh1055@comcast.net.*

Narberth Chain Smokers. 6:00 PM. Class B, 15-16 mph, 28-36 miles. See Tuesday ride listing for more details. *Leaders: Art Elwood, 856,429-7733, artelwoodcpa@gmail.com and Jeff Kimmel, 610-745-1366, jeff_signs@yahoo.com.*

Thursday Night B Training Ride. 6:00. Class B, 15 mph, 25-30 miles. It's time to board the Bryn Mawr Local. Leaves from the Italian Fountain behind the Art Museum. We ride to Merion, Gladwyne, and West Conshohocken, returning via the bike path and Manayunk. The mileage

June Ride List

will increase as daylight grows. *Leader: David Finger, 215-605-8560, davederailleur@hotmail.com.*

Thursday Night C Training Ride. Class C+/C-, approximately 15-20 miles. Departs **6:00 PM** sharp from Italian Fountain. We'll do shorter hilly routes and be back by sunset. We'll push ourselves (it's a training ride) but no one will be dropped. NOTE: Any C-riders who'd like to train with us may ride the route a little slower as a subgroup. *Coordinator: Gaby Beitler, gabybeitler@yahoo.com.*

Saturdays

Saturday Northwest Philly

Rides. C to B- pace. Note new start location: Ft. Washington State Park, Flourtown Picnic Area on W. Mill Rd, between Stenton Ave and Bethlehem Pike (from Chestnut Hill: 1st right on Stenton after Northwestern Ave, or left just after Acme on Bethlehem Pike); or gather at Bruno's 15 minutes early for a short ad hoc ride to the start. **Also note special start location on June 21.** We offer a variety of scenic rides into surrounding counties, often with a sit down food stop. Check Monthly Ride Calendar for specific pace, distance, destination, and start time, as they will vary each week. *Coordinator:*

Howard Hochheiser, 215-913-3246, howard@theblue-stargroup.biz.

Saturday C+ Training Ride. 9:00. Class C+, 13-14 mph, 30-40 miles. Ambler and Plymouth Meeting are among the common destinations, and we do our best to ride as a cohesive group. Routes are as flat as possible. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at 9:00. *Leaders: Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov.* Check the

Current Ride Listing for ride descriptions, time changes, and cancellations.

Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information.

Sunday, June 1 - Vernon's 3rd Annual 50th Birthday

Ride. 9:10. Class A/B, 16.75 mph, 53 miles. A bi-level ride to the Red Barn near Doylestown. The plan is to ride at a sociable, well controlled and steady pace, maintaining proper management of the hammerheads. I am not sure I will be able to control those hammerhead types all day, so have no fear B riders, cue sheets will be provided for the return trip. This day will be festive and exhilarating. Bring your mother, father, children and pets. Remember: It's a birthday ride. *Leader: Vernon Lucas, 215-815-9137, vernonlucas@gmail.com.*

Sunday, June 1 - B Ramble. Class B, 14-15 mph, 44 miles. Meet at the Italian Fountain at **12:00 noon.** Food stop at Whole Foods Market in Devon. Cue

sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. *Leader: Jim Laurino, 215-476-5091, bcptr806.x.jimlaur@dfgh.net.*

Sunday, June 1 - Instructional Riding Class for New

Riders. Class D, 10-12 mph, 10-12 miles. **12:00 noon.** Class begins with some basic group and safety riding rules of the road followed by gear shifting practice on a gentle hill. Most of the instruction will be on the bike during the ride. Meet at the formal entrance to the Azalea Garden at

HELP WANTED

Preparations for the club's Scenic Schuylkill Century are going on now and the organizing committee needs your help! The SAG chair and Registration chair spots are open and need caring, cycling folks like you to fill them.

The SAG chair organizes the SAG driver volunteers and the bike shops that provide maintenance at the rest stops, as well as communicate with the SAG drivers on the day of the SSC to ensure that the event participants receive the help they need. The Registration chair organizes the registration volunteers and oversees the registration process on the morning of the SSC to ensure that all goes smoothly.

Your time and effort will be greatly rewarded by knowing that you have helped to create a great cycling event for your fellow cyclists. Please help. Contact the Century's co-chairs, Howard Hochheiser and Chuck Martin at century@phillybikeclub.org for more information and to volunteer. Thank you.

June Ride List

the circle behind the Art Museum. If you plan to attend or have any questions, please contact the *Leaders: Margaret Lenzi, 267-738-2205, bcpmarg@comcast.net and Bonnie Prest-Thal, bprestthal@gmail.com.*

Sunday, June 1 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. *Leader: Chuck Martin, 215-923-1887.*

Monday, June 2 - Monday on the Main Line. 6:00 PM. See Weekly Rides for details.

Tuesday, June 3 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Tuesday, June 3 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Tuesday, June 3 - Tuesday Night Training Ride. 6:00 PM. See Weekly Rides for details.

Tuesday, June 3 - Evening Ride from Mt. Airy. 6:00 PM. See Weekly Rides for details.

Wednesday, June 4 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, June 4 - BCP Monthly Meeting. 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact *Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.*

Thursday, June 5 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Thursday, June 5 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Thursday, June 5 - Thursday Night B Training Ride. 6:00 PM. See Weekly Rides for details.

Thursday, June 5 - Thursday Night C Training Ride. 6:00 PM. See Weekly Rides for details. *Leaders: Steven Toll, steventoll@verizon.net and Gaby Beitler, gabybeitler@yahoo.com.*

Saturday, June 7 - A Treat at Rosenberger's Dairy. 9:00. Classes B-, 14-15mph and C/C+, 12-13 mph, 45 miles. Meet at Ft. Washington State Park, Flourtown Picnic Area, on W. Mill Rd between Stenton Ave and Bethlehem Pike (from Chestnut Hill: 1st right on Stenton after Northwestern Ave or left just after Acme on Bethlehem Pike); or gather at Bruno's at 8:45 for a short ad hoc ride to the start. If you have not had an ice cream treat this year, this is the ride for you. We have not visited Rosenberger's Dairy yet this year - it's a classic store with locally made ice cream and basic food for the road. This is a meandering ride through county roads with some hills,

with a sit down lunch stop at Rosenberger's, in Hatfield. We will try to stay together and regroup as necessary. *Leaders: Margaret Lenzi, 267-738-2205, bcpmarg@comcast.net; Tom Madle, 215-233-2578 (home), TMadle@gmail.com; and Marsha Hyman, mfkqueen@yahoo.com*

Saturday, June 7 - Mt. Gretna. 9:15. Class B, 14-15 mph, 74 miles. Schwing! We'll start out in the farmlands of Lancaster County and then cross into wooded Lebanon County on the way to the storybook village of Mt. Gretna. Lunch al fresco at mile 38 at the historic Jigger Shop, which dates back to the 1800s. A short climb out of town will take us back into Lancaster County for a pretty run home featuring a covered bridge. The route out is rolling to moderately hilly. The way back is noticeably easier, with an optional water/snack shop if conditions warrant. Half price home baked pies at the finish. Start location is the Shady Maple Market, an attraction in and of itself, on SR 23 in Blue Ball. E-mail for directions and parking instructions. Cue sheets provided for those who want to set their own pace. Call my home number after 7:00 the day of for a go/no-go message if there is rain or outrageously hot temperatures in the forecast. *Leaders: David Ziccardi, 215-978-7531 (home), 215-913-1328 (cell), d_ziccardi@yahoo.com and Kristine Mehok, 215-290-0172, kmehok@gmail.com.*

Saturday, June 7 - C+ Training Ride. 9:00. See Weekly Rides for details.

Sunday, June 8 - Rides to and from the Pro Race & BCP BBQ on Lemon Hill. Lemon Hill is on the race route in Fairmount Park and is a popular viewing place for many cyclists. From Kelly Drive, turn up Sedgely Drive (across from Lloyd Hall), make the first sharp left onto Lemon Drive. You can bike or walk up Lemon Drive when the race is not coming through. Look for the BCP banner and hospitality tent. Starting locations for June 8th BCP sponsored rides include the following:

Northwest Phila: Bike the Wissahickon to the Race/BBQ. 10:00. Class C, 10-12mph, 27 miles. Meet at Ft. Washington State Park, Flourtown Picnic Area (W. Mill Rd, between Stenton Ave and Bethlehem Pike). Bike the beautiful Wissahickon to the BCPBBQ This ride is relatively flat, going down Forbidden Drive to Lincoln Drive and then to Ridge Ave and the bike path along Kelly Drive. We can begin to cheer the racers as soon as we hit Ridge. You will need a hybrid, mountain bike, or other bike with big tires to ride on the gravel paths. Our lunch stop will be the

June Ride List



June Ride Leaders

Deane Armstrong	Mike Lefkowitz
Jeff Bakely	Margaret Lenzi
Gaby Beitler	Thomas Lipscomb
Jeff Braff	Vernon Lucas
Werner Carrieri	Tom Madle
Rick Christie	Chuck Martin
Rafael Corredoira	Linda McGrane
Art Elwood	Debbie Mersky
Joe Feeney	Arnie Roseman
David Finger	Bruce Taubman
Dave Hanson	Steven Toll
Howard Hochheiser	Steve Trobovic
Debbie Hoellein	Sam Wiley
Marsha Hyman	Tom Witt
Jeff Kimmel	David Ziccardi
Jim Laurino	

1:00 PM. See Weekly Rides for details.

Tuesday, June 10 - Narberth Chain Smokers. 6:00 PM.
See Weekly Rides for details.

Tuesday, June 10 - Tuesday Night Training Ride. 6:00 PM. See Weekly Rides for details.

Tuesday, June 10 - Evening Ride from Mt. Airy. 6:00 PM. See Weekly Rides for details.

Wednesday, June 11 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Thursday, June 12 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Thursday, June 12 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Thursday, June 12 - Thursday Night B Training Ride. 6:00 PM. See Weekly Rides for details.

Thursday, June 12 - Thursday Night C Training Ride. 6:00 PM. See Weekly Rides for details. *Leader: Margaret Lenzi, bcpmarg@comcast.net.*

Saturday, June 14 - Harleysville via Peace Valley Park. 8:30. Class B/B+, 16-18 mph and B-, 14-15 mph, 59

BCP BBQ on Lemon Hill. This is my favorite way to watch the race! *Leader: Debbie Hoellein, 215-833-5545, wholelion@aol.com.*

Northwest Phila: Bike the Roads to the Race/BBQ. 10:00. Class C+, 12-14 mph, 32 miles. Meet at Ft. Washington State Park, Flourtown Picnic Area (W. Mill Rd between Stenton Ave and Bethlehem Pike). We'll ride a direct route to the race and club BBQ. Expect rolling hills with some minor climbs, particularly on the return, and an accurate cue sheet for those who may wish to return on their own or in separate groups. *Leader: Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz.*

Western Suburbs: Wayne/Church of the Saviour (COS). 10:00. B- (14-16 mph) and C. Total mileage will be about 35 miles from COS to Lemon Hill and back to COS. Estimated time of arrival at Lemon Hill will be 11:30-12:00 (We'll have to navigate through Manayunk and may stop there for a while). We'll leave Lemon Hill at 1:30. Estimated return time at COS will be 3 PM. Start from the rear parking lot behind the gym at Church of the Saviour, 651 North Wayne Ave, Wayne, PA. Cue sheets will be provided. *Leaders: Tom Madle (B-), 215-641-7686, TMadle@RohmHaas.com and Michael Lefkowitz (C), 610-687-2923, Michael.Lefkowitz@verizon.net.*

Lemon Hill/BCP Hospitality Tent. Start at **10:30 SHARP** and finish at 1:00 PM. B-, approx. 25-30 miles, mystery route/destination. This ride will start and end at the BCP hospitality tent in time for the BBQ and viewing the end of the race. *Leader: Jeff Braff, 215-665-2048, jbraff@cozen.com.*

Northeast Phila. Meet **9:00** at Dunkin Donuts, Frankford Ave and Knights Rd. Ride approximately 25 miles down to race and 15 miles back to DD. Speed about 16 mph on flats, slower on hills. We will go up Knights Road into lower Bucks County, Bensalem and wind back to State Road, going around Tacony Palmyra bridge, down Aramingo to Girard, 2nd St to Spring Garden, out Spring Garden and wind through the Parkway area to get to Lemon Hill for the picnic. Heading back when the pack has cleared Lemon Hill for the last time. Expect to be home at 3:30 or so. Cue sheets will be available for those who want to go on their own schedule. *Leader: Joe Feeney, 215-601-8412, JFe7378071@aol.com.*

Monday, June 9 - Monday on the Main Line. 6:00 PM. See Weekly Rides for details.

Tuesday, June 10 - Chestnut Hill Lunch Hour Ride.

Continued on next page

June Ride List

miles. Meet at Ft. Washington State Park, Flourtown Picnic Area, W. Mill Rd, between Stenton Ave and Bethlehem Pike (from Chestnut Hill: 1st right on Stenton after Northwestern Ave or left just after Acme on Bethlehem Pike); or gather at Bruno's at 8:15 for a short ad hoc ride to the start. Expect lots of scenic country roads and rolling terrain with a few climbs, some short, some long, but nothing very steep. We'll regroup as needed, but there will be an accurate cue sheet for those looking to ride slower or faster. Restroom/snack stop at Peace Valley Park (mile 22) and either a Wawa or pizza/sandwiches/ice cream stop in Harleysville, your choice (mile 40). Call if weather is questionable. *Leaders: Dave Hanson (B/B+), 215-836-9265, drh1055@comcast.net and Howard Hochheiser (B-), 215-913-3246, howard@thebluestargroup.biz.*

Saturday, June 14 - Twelfth Annual Oley Valley Strawberry Ride. A sociably paced C ride, about 29 easy miles, starting at 9:30 from the Daniel Boone Homestead. This great ride usually is more of a social event than a ride, and a good reason to eat strawberries, ice cream and Cool Whip. The Oley Lutheran Church also has other food. Exquisite countryside with some rolling hills (only about 1500 feet total climb) and a lush valley. A multi-club ride. No one dropped. Cue sheets provided. Bring lock, sun block, fluids, snack, and money. The Daniel Boone Homestead is off US 422. From the intersection of US422 and PA100, go west (seems north) on 422 for 8.4 miles to Daniel Boone Rd (at a light). Right on Daniel Boone Rd for 0.8 miles to the Homestead. Use the "jug handle" on the right instead of making a more dangerous left at the entrance at the Homestead. Park at the big parking lot, marked DeTurk Educenter, near the gate on the right. Can't miss it. Call or e-mail for more information. *Leaders: Arnie Roseman, 610-640-4529, Biker73pa@msn.com and Steve Trobovic, 610-687-9229, 484-868-4194.*

Saturday, June 14 - C+ Training Ride. 9:00. See Weekly Rides for details.

Sunday, June 15. No BCP rides are scheduled today. Instead, go on the Bicycle Coalition's Freedom Valley Bike Ride. All rides start at Lloyd Hall, #1 Boathouse Row, behind the Philadelphia Museum of Art. There's a mass start at 7:45. (Registration begins at 7:00). Family and trail rides are 8, 22, and 44 miles. Hillier, more challenging rides are 32, 50, and 62 miles. This supported ride is sponsored by the Bicycle Coalition of Greater

Philadelphia. See www.bicyclecoalition.org/bikefreedomvalley.html. For more information, call 215-BICYCLE or email jill@bicyclecoalition.org.

Monday, June 16 - Monday on the Main Line. 6:00 PM. See Weekly Rides for details.

Tuesday, June 17 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Tuesday, June 17 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Tuesday, June 17 - Tuesday Night Training Ride. 6:00 PM. See Weekly Rides for details.

Tuesday, June 17 - Evening Ride from Mt. Airy. 6:00 PM. See Weekly Rides for details.

Wednesday, June 18 - Northeast B-/C+ Training Ride. 5:30 PM. My birthday ride/dinner. Start at Torresdale train station on Grant Avenue, with dinner at Three Monkeys at the end of the ride. Bikes can be stowed in my shed/garage (just across the street from Three Monkeys). *Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com.*

Thursday, June 19 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Thursday, June 19 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Thursday, June 19 - Thursday Night B Training Ride. 6:00 PM. See Weekly Rides for details.

Thursday, June 19 - Thursday Night C Training Ride. 6:00 PM. See Weekly Rides for details. Show and go.

Saturday, June 21 - Generals Washington and Lafayette in Pennsylvania. 9:30. Classes C+, 13-14 mph and C, 11-12 mph. 42 and 37 miles respectively. Meet at Ft. Washington State Park, Hawk Observatory, off Joshua Rd. Ever wonder who Ft. Washington or Lafayette Hill were named after? Come on this historical ride and find out. We'll loop into Center City, both riding and stopping on our way to learn the historical significance of Ft. Washington State Park and Lafayette Hill. Expect rolling hills, with a few climbs, particularly on the way back. Will stop to regroup as needed. Snack/rest stop at Lloyd Hall behind the Art Museum. Call if the weather is questionable. Please arrive 15 minutes early so the rides can start on time. *Leaders: Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz and Debbie Hoellein, 215-833-5545, wholelion@aol.com.*

Saturday, June 21 - C+ Training Ride. 9:00. See Weekly Rides for details.

Sunday, June 22 - Sunday Afternoon Hills of Hurt. 2:00. Class A-/B+, 14-16 mph, 30-40 miles. This ride starts at

June Ride List

New Members

Ft. Washington State Park South, 41 W. Mill Rd. in Flourtown. We'll start out by riding along the Green Ribbon Trail (mostly paved with a few short unpaved sections) up into the Militia Hill section of the Park. From there we head through some relatively flat areas of Oreland & Erdenheim. The second half of the ride is slightly masochistic including the hills of Montgomery Ave, Wisers Mill Rd, the Wall in Manayunk, Harts Lane coming up from the SRT, and Germantown Ave back up into Chestnut Hill (possible stop at coffee shop across from Borders), rolling down Bethlehem Pike back to our start location. Rain/wet roads cancels. *Leader: David Hanson, 215-836-9265, drh1055@comcast.net.*

Sunday, June 22 - B Ramble. Class B, 12-14 mph, 40 miles. Mystery destination. This ride leaves from the Italian Fountain at **12:00 noon.** *Leader: Werner Carrieri, 215-680-2618, wernerman@aol.com.*

Sunday, June 22 - Sunny Sunday Afternoon D Ride. See Weekly Ride list for details. **12:00.** *Leader: Debbie Mersky, zeusage@comcast.net.*

Sunday, June 22 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. *Leader: Tom Witt, 215-977-2164.*

Monday, June 23 - Monday on the Main Line. 6:00 PM. BCP Tailgate/New Membership Night at COS. Come on out for the multilevel rides at COS (See Weekly Rides for details) and stay for some food and fun. After the rides at sunset (8:30 or so), BCP will provide pizza and refreshments for all present, drawings for free prizes, and a special gift for all those who join BCP that night. If you want to find out what's happening at BCP this summer, please join us.

Tuesday, June 24 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Tuesday, June 24 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Tuesday, June 24 - Tuesday Night Training Ride. 6:00 PM. See Weekly Rides for details.

Tuesday, June 24 - Evening Ride from Mt. Airy. 6:00 PM. See Weekly Rides for details.

Wednesday, June 25 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Thursday, June 26 - Chestnut Hill Lunch Hour Ride. 1:00 PM. See Weekly Rides for details.

Thursday, June 26 - Narberth Chain Smokers. 6:00 PM. See Weekly Rides for details.

Thursday, June 26 - Thursday Night B Training Ride.

Audubon
Bryn Mawr

Flourtown
Gwynedd Valley

Lansdale

Mt Laurel
Oreland
Philadelphia

Bob Grygo
Donald Gayhardt
Erik Zeger
Lynn M. Eissler
Catherine Lindsay
Ormerod
Ralph/Cinda Hall
Loreli Voltmer
Donald M. Villanova
David Hanson
Mike Banks
Seth/Anne/
Noah Cohen
+Josiah|Sarah|Isaiah
Dhaval Desai
Royden Detweiler
Penelope Goode/
Keith DeLapp
Joseph/Sharon
Hayes+Stephen+Mark
Ishaan Kapoor
Emilie Oliver
Denise Ryks/Kalle
Houseman
Dave Sampieri
David Silver

6:00 PM. See Weekly Rides for details.

Thursday, June 26 - Thursday Night C Training Ride. 6:00 PM. See Weekly Rides for details. Show and go.

Saturday, June 28 - Charlestown Horse Farms. Class B-, 13-14 mph, 55/40/30miles. Hilly, multi-location ride to the scenic Charlestown Horse Farms. 55 mile ride leaves **8:30** from Ft. Washington State Park, Flourtown Picnic Area, W. Mill Rd between Stenton Ave and Bethlehem Pike (from Chestnut Hill: 1st right on Stenton after Northwestern Ave, or left just after Acme on Bethlehem Pike); 40 mile ride leaves at **9:00** from Conshohocken (SEPTA lot at E. Elm St and Harry St, under the bridge); 30 mile ride leaves at **9:30** from the rear parking lot of Church of the Saviour (657 N. Wayne Ave, Wayne, PA). Quick lunch stop at Wawa or sit down lunch at the Fox and Hound at mile 30 in Phoenixville; your choice. Cue sheets provided for slower or faster riders. Rain cancels.

Continued at bottom of next page

Other Rides and Events

Sun. June 1, Bike 4 Sight. Media, PA. Ride 2, 13, 25, 50, or 62 miles through Delaware and Chester Counties and New Castle, DE. Longest rides tour grounds of Winterthur Museum and Country Estate. Great after-ride food. Benefits the Center for the Blind and Visually Impaired, eastern Pennsylvania's premier rehabilitation and training center for people with vision loss. www.bike4sight.org.

Sat. June 7, Kelly's Ride. 3 Starts: Medford, Berlin, or Mays Landing NJ, Benefit ride in honor of Kelly Vodges of Cinnaminson, who died tragically in a motorcycle

accident. Ride benefits 3 charities. 65 & 40 or 25 miles, ending in Ocean City, NJ. Return buses available.

www.kellysride.com.

Sat. June 7. Get Ready Metric. Fort Mott Pennsville NJ. Get Ready Metric - 2 50-kilometer loops. Lunch, sag, water stops included. South Jersey Wheelmen. www.sjwheelmen.org.

Sat. June 7, Pedal to

Preserve. Garden Spot High School - New Holland PA. 6, 20, and 51 mile rides through beautiful Lancaster County. Benefits the Lancaster Farmland Trust, preserving the

Continued on next page

Continued from preceding page

Leader: Tom Madle, 215-233-2578, TMadle@gmail.com.

Saturday, June 28 - C+ Training Ride. 9:00. See Weekly Rides for details.

Sunday, June 29 - 26th Annual Schuylkill Canal Day. Class C+, 11 mph, about 50 miles. Starts at 8:30 from Manhattan Bagel in the Chesterbrook Shopping Center. The ride will take us along some well-traveled biking roads in western Montgomery County to the Oaks Reach of the historic Schuylkill Canal. Lunch at St. Michael's picnic/fair in Port Providence; view the annual events and sights at Lock #60 and watch the opening of the lock, scheduled for 11:00, 1:00 and 3:00 PM. For more info about the Schuylkill Canal Assoc. and Canal Day, go to www.schuylkillcanal.com. Although we stop to regroup, and no one is dropped, this is not a ride for beginners. Expect some hills. Bring a snack, fluid, money (\$3 admission fee) and a lock. A multi-club ride. Cue sheets provided. Call if you need information or directions. *Leaders: Arnie Roseman, 610-640-4529, biker73pa@msn.com and Steve Trobovic 610-687-9229, 484-868-4194 (cell), wildyugo@comcast.net.*

Sunday, June 29 - The No Name Ride. 9:00. Class B+/B, 15-16 mph, ~50 miles. Leaves from the Italian Fountain. The ride will go through Gladwyne to Paoli, where there will be a short rest stop at the Wawa, then home. *Leader: Bruce Taubman, 215-735-7935, taubman@earthlink.net.*

Sunday, June 29 - Mo-De-Na! 9:00. Class B, 14-15

mph, ~50 miles. This beautiful sojourn through the Brandywine Valley starts at West Bradford Elementary School in Downingtown (Thorndale) and follows Broad Run as it empties into the Brandywine. The first 8 miles are virtually hill-free with beautiful stream views. The remainder of the ride is rolling countryside, with many short climbs and breezy descents, before finishing with a climb out of the valley from Modena and South Coatesville. Visit Groundhog College and Indian Hannah, ride the roller coasters of Parkersville and Hickory Hill, and enjoy the spells of shaded creekiness in this late June ride. A reasonable facsimile of the ride can be found here: www.mapmyride.com/ride/united-states/pa/modena/723077803. *Leaders: Rick Christie 610-787-1985 (cell), rick@audubongroup.com and Deane Armstrong, 610-525-9714 (cell), deane.armstrong@gmail.com.*

Sunday, June 29 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00 noon. Show and go or look for an ad-hoc listing.

Sunday, June 29 - Sunny Sunday Afternoon D Ride. See Weekly Rides for details. *Leader: Linda McGrane, mcgrane_linda_a@yahoo.com.*

Sunday, June 29 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. *Leader: Sam Wiley, 215-523-7556.*

Monday, June 30 - Monday on the Main Line. 6:00 PM. See Weekly Rides for details.

Tuesday, July 1 - Mailing the July Newsletter. Meet 6:30 PM at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. *Coordinator: Tom Witt, 215-977-2164.*

Other Rides and Events

farmland of Lancaster Co. Includes Breakfast/snacks, Water stops, Snack stops, Facilities, Hot Lunch, T-shirt (pre-reg), SAG support. www.lancasterfarmlandtrust.org/pedal.html.

Sat. June 7, World Naked Bike Ride. "... In cities around the world, people will be riding bikes naked to celebrate cycling and the human body. The ride demonstrates the vulnerability of cyclists on the road and is a protest against car culture." (Ed. Note: Are helmets allowed?) <http://www.worldnakedbikeride.org/index.html>.

Sun. June 8, Commerce Bank Triple Crown of Cycling-Philadelphia International Championship. www.procyclingtour.com/index.cfm

Sun. June 8, Tour de Cure 2008. Reston, VA. American Diabetes Association Tour de Cure. Rides for all levels. www.Diabetes.ORG/Tour.

Sun. June 8, Hat City Cyclefest. Bethel CT. Fully supported with routes from 12-100 miles, hills/rolling terrain through Fairfield and Litchfield Counties. www.hatcitycyclists.org.

June 13-16, Cycle Messenger World Championships. Toronto. "Cycle Messenger World Championships (CMWC) is the ultimate urban cycling competition" www.cmwc2008.com.

Sat. June 14, 24 Hour Challenge Ride. Middleville, Michigan. "a bicycle ride to test your endurance and determination." <http://www.n24hc.org/>.

Sat. June 14, Ride for Autism. Lincroft NJ. 7 scenic routes through Central New Jersey. Includes breakfast. Starts at Brookdale Community College. www.ride4autism.org.

Sat. June 14, Double Creek Tour. Dover, PA. 30 or 63 miles through scenic and lightly traveled roads of northern York and Adams counties. Ride along the Conewago and Bermudian creeks for which the ride was named. www.doublecreek.org.

Sat. June 14, Flatlands Tour. Chesapeake, MD. 30 or 63 mile (metric century). www.baltobikeclub.org

Sat. June 14, Longest Day. High Point NJ to Cape May NJ. Infamous 200 mile one-way ride with alternate locations

for 100 mile or 200 KM routes. Central Jersey Bicycle Club. www.cjbc.org.

Sun. June 15 Bike Freedom Valley. Bike Freedom Valley, PA. Three starting points: Philadelphia Art Museum, Rosemont, or Phoenixville. 8, 22, 32, 42, 50, 68 or 100 miles. Benefits the Bicycle Coalition of Greater Philadelphia. www.bicyclecoalition.org.

June 20-25 Bike Virginia. Five days of Virginia scenery, history, culture and hospitality. Join 2,000 cyclists of all ages experience the best biking adventure Virginia can offer. www.bikevirginia.org.

Sun. June 22, French Creek Iron Tour. Kimberton, PA (New Location). Iron Furnace Country. 20, 50, 68, or 100 miles. Well-marked courses and cue sheets, SAG support, lightly traveled roads and breathtakingly beautiful countryside, with well-stocked rest stops. \$35 before June 8 includes T-shirt. Supports the French & Pickering Creeks Conservation Trust. www.iron-tour.org.



Sat. June 28 Lutheran Charities SteepleChase. Center Square, PA. Ride through Montgomery County benefiting eight social service agencies. 100-mile century, 63-mile metric century, 50-mile half-century, 31-mile quarter century, 18-mile short course, 10-20 mile family fund ride options, Registration is \$25 with preregistration up to week before event but can register day of. Minimum pledge amount is \$50. Ride starts from St. John Lutheran Church at 1802 Skippack Pike, 19422. www.lutherancharities.org.

Sat. June 28, Miles for Mission. Lower Makefield, PA. To benefit the Red Cross Homeless Shelter in Levittown, PA. 5, 10, 20, 40 and 60 miles routes with cue sheets and marked road on mostly back country roads. Rest stops and refreshments. Interesting places on route: Historic Borough of Yardley, Lower Makefield September 11 Memorial, Upper Makefield & Central Bucks Countryside, Van Sant Covered Bridge, Delaware River & Canal, Washington Crossing State Park. www.yardleychurch.org

BCP OFFICERS and COORDINATORS

Officers					
President	Margaret Lenzi*	215-247-9169	B Ramble	Jim Laurino	215-476-5091
Vice Pres.	Howie Wiener*	215-925-2494	C	Len Langsdorf	610-278-7779
Treasurer	Art Elwood*	856-424-1770	D	Jeff Bakely	215-843-1093
Secretary	Lori Mueller*	215-824-0430	Mtn. Bike	Paul Winkfield	215-329-9830
Committee Leaders				Event Coordinators	
Rides	Howie Wiener*	215-925-2494	Century	Howard Hocheiser*	215-913-3246
Publications	Tom Witt	215-977-2164		Charles Martin*	215-923-1887
Advocacy	David Finger*	215-605-8560	Spring & Fall		
Membership	Angela Brown*	484-467-2880	Weekends	Linda McGrane*	215-663-5191
Quick Release Editor			Peter Odell		
Chief Editor	Michael Lefkowitz	610-687-2923	Ride to NYC	Art Elwood*	856-424-1770
Information Coordinators				Jeff Bakely	215-843-1093
Ride Library	Dave Johnson	215-849-8013	Annual Picnic	Dave Finger*	215-605-8560
Ride List	Angela Brown*	484-467-2880		Maureen Fitzpatrick*	215-333-0909
Other Events	Michael Seidman*	215-836-4185			
Press Contact	Stephen Boyle	215-829-0659			
Website	Sam Wiley	215-523-7556			
Ride Coordinators					
A/B	David Ziccardi	215-978-7531			

*Indicates Member of Board of Directors.

Other Board Members: Sheldon Isaac 215-842-0863, Thomas Lipscomb 215-772-3036, Linda Messett 215-508-5135.
Email addresses of Officers, Coordinators and Activity Chairs are available at <http://www.phillybikeclub.org/phone.htm>.



Bicycle Club of Philadelphia



>>>Ride Classifications<<<

Newcomers should choose rides conservatively based upon their experience, condition, or ability to keep up. For more information on a ride, ask the leader. The following ride classifications are based upon average speed for a given terrain.

Class A, Difficult, 45 to 100+ miles:

18 to 20 mph average on flat terrain
16 to 18 mph average on rolling/hilly terrain
15 to 16 mph average on very hilly terrain

Class B, Advanced, 25 to 90 miles:

15 to 18 mph average on flat terrain
13 to 16 mph average on rolling/hilly terrain
12 to 14 mph average on very hilly terrain

Class C, Moderate, 15 to 75 miles:

12 to 15 mph average on flat terrain
10 to 13 mph average on rolling/hilly terrain
9 to 11 mph average on very hilly terrain

Class D, Easy, 5 to 20 miles:

5 to 9 mph average on easy terrain

WHAT YOU NEED TO DO TO GET READY FOR A RIDE:

If the weather or road conditions are questionable, contact the ride leader prior to the start of the ride. All riders should bring enough snacks/energy food and liquids to sustain them during the ride. As a minimum, bring the following equipment: * a flat kit consisting of tire levers and a patch kit * a spare inner tube * a 6" adjustable wrench if either wheel is bolted on * a frame-mounted air pump Also, it is desirable to bring: * a lock * a spoke wrench * a chain tool * Allen wrenches * a small Swiss army knife * a spirit of adventure.

Helmets Are Required On All Rides!

>>>Ride start locations<<<

The Italian Fountain is in the circle behind the Art Museum at the end of Aquarium Drive.

#1 Boathouse Row, Lloyd Hall, Kelly & Aquarium Drives, a little further from the Art Museum.

The Bulldog Statue: a small park at 25th St. & Fairmount Ave.

Bruno's: Germantown and Northwestern Avenues at the northern edge of Chestnut hill.

If a minor shows up for a ride without a form signed by a parent, the ride leader may refuse to permit the minor to participate.

>>>Club Discounts With BCP Membership<<<

The following discounts are available to BCP members upon showing the mailing label on their current newsletter. The following shops offer a 5% discount on new bikes and 10% on accessories (most shops won't allow combining these with other discounts, and some exclude items on sale): **Abington Wheelwright**, also 10% on repairs); **Bike Line of Philadelphia Area**; **Cycle-Fit-Wallingford**; **Cycle Sonic**; **Eastern Mountain Sport (Sansom Commons)**; **Erdenheim Cycle Center**; **Guy's Bicycle's** (excludes sale items); **High Road Cycles**; **Indian Valley Bikeworks**, **Jays Pedal Power** (bikes over \$500); **Keswick Bicycle Shop** (10% discount on all non-sale items); **Mainly Bikes** (also 10% on repairs); **Steve's Multisport**; **Via Bicycles**; **Wolf Cycle**. Other discounts: **Bicycle Therapy** - 10% off accessories (excluding bikes and sale items) minimum purchase \$10.00; **Breakaway Bikes & Fitness**, 5% accessories & service; **Bucks County Bicycle Company**, 6% bikes, 10% accessories; **Bustleton Bikes**, 10% bikes, 20% accessories; **Downtube**, \$20 discount on full-suspension and mini-style bikes, 15% on parts and accessories; **Keswick Cycle Company**, 10% bikes, 10% repairs & non-sale items; **Liberty Bell cycle** - 10% bikes, 15% accessories; **Mike's Bikes**, 10% bikes, 15% accessories & repairs; **Philadelphia Bikes Inc.**, 10% on bikes, parts, accessories; **Trophy Bikes** - 5% on accessories, \$50 min. Bring QR and ID to confirm.

Bike Shop Liaison is Juan C. Gonzalez, 215-873-7300.

Application for Membership in the Bicycle Club of Philadelphia

BCP has a rolling membership year. Membership starts when you pay dues, and runs a full year! To join or renew, please complete this application, make check payable to "BCP", and mail to BCP, P.O. Box 30235, Phila, PA 19103. Annual dues are \$15 if you get the QR newsletter by email or from the Website, \$20 if you get the paper newsletter via US mail.

There is no additional charge for other family members in your household, but all members must sign.

BCP MEMBERSHIP APPLICATION

In signing this release for myself or for the named applicant, if applicant is under the age of 18, I understand that participation in Bicycle Club of Philadelphia (BCP) activities is at my own risk. I acknowledge the risks and dangers inherent with such activities and knowingly and voluntarily assume the risk of injury resulting there from. I understand that supervision, training or oversight may not be provided by BCP with respect to all sponsored events and activities. Participation in BCP activities constitutes my representation that (1) I am in good health, (2) I agree to obey all traffic laws and regulations and practice safety and courtesy in cycling, (3) I agree to wear an approved safety helmet on all BCP sponsored rides, (4) my bicycle is in good and safe mechanical condition, and (5) I acknowledge that BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators are not insurers of my personal safety or property and do not assume any liability for personal injury or property loss sustained during any BCP sponsored events or activities. By signing below and in consideration for being allowed to participate in any BCP sponsored event or activity, I fully release BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators from any liability, specifically but not limited to liability for their negligent acts, stemming from or relating to past or future BCP sponsored events or activities.

Signature(s): _____

Must be SIGNED by member (by parent or guardian if member is under 18)

New ___ Renew ___ Date _____ If renewing, please circle any changed info.

Name(s): _____ Home phone () _____

Address: _____ Work phone () _____

City, State, Zip: _____

E-mail: _____

Check for PDF file newsletter via Email or Website; \$15 dues.

Legible Email address is required.

Check for paper newsletter via US mail; \$20 dues.

Send form and dues to BCP, P.O. Box 30235, Phila, PA 19103.

Please indicate any areas in which you might volunteer:

Ride leader ____, Publicity
 ____, Weekend trips ____,
 Scenic Schuylkill Century
 ____, Social activities ____,
 Newsletter ____, Website
 ____, Instructional clinics ____,
 or other (specify):

BCP MEMBERSHIP

The Bearer of this Card is a Member of the Bicycle Club of Philadelphia and is entitled to all the benefits of membership, including club discounts at applicable Bike Shops.

Date: June 2008

REMINDERS

The current newsletter is available at <http://phillybikeclub.org/private>. User name is bcpmember and the password is in the monthly e-mail. The member directory is at <http://phillybikeclub.org/member.html>. User name is bcpmember and the password (different from QR password) is in the monthly e-mail or on the mailing label.

June 2008

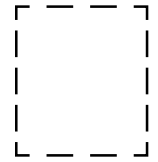
Quick Release Newsletter

Bicycle Club of Philadelphia

P.O. Box 30235, Philadelphia, PA 19103

http://phillybikeclub.org

email: info@phillybikeclub.org



FIRST CLASS MAIL
TIME VALUE



Scenic Schuylkill Century -- Saturday, Sept. 13

Bicycle Club



of Philadelphia



>>> **JUNE SHOWCASE RIDES** <<< See details inside.

Saturday, June 7 - Mt. Gretna. 9:15. Class B, 14-15 mph, 74 miles. Schwing! We'll start out in the farmlands of Lancaster County and then cross into wooded Lebanon County on the way to the storybook village of Mt. Gretna. Lunch al fresco at mile 38 at the historic Jigger Shop, which dates back to the 1800s. *Leaders: David Ziccardi, 215-978-7531 (home), 215-913-1328 (cell), d_ziccardi@yahoo.com and Kristine Mehok, 215-290-0172, kmehok@gmail.com.*

Saturday, June 14 - Twelfth Annual Oley Valley Strawberry Ride . A sociably paced C ride, about 29 easy miles, starting at 9:30 from the Daniel Boone Homestead. This great ride usually is more of a social event than a ride, and a good reason to eat strawberries, ice cream and Cool Whip. The Oley Lutheran Church also has other food. Exquisite countryside with some rolling hills (only about 1500 feet total climb) and a lush valley. *Leaders: Arnie Roseman, 610-640-4529, Biker73pa@msn.com and Steve Trobovic, 610-687-9229, 484-868-4194.*

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