

## August Ride List

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific ride leaders and any additional information on the ride.

### Sundays

**Sunday B Ramble. Noon** Class B, 14-15 MPH, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. *Coordinator: Jim Laurino, 215-476-5091, bcpbit707.x.jimlaur@dfgh.net.*

**Sunny Sunday Afternoon D Ride. Noon** For the beginner who wishes to learn and improve biking skills. Usually 12-20 miles. Meet at the formal entrance to the Azalea Garden at the circle behind the Art Museum. If you want to ride, call or email the leader. No calls = no ride. *Coordinator:*

*Jeff Bakely, 215-843-1093, rides07.50.bcpjeff@dfgh.net.*

See Monthly Ride Calendar for the week's Leader and other details.

**Sunny Sunday C Spin-Off. 12:15 PMA** true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum. *Coordinator: Tom Witt, 215-977-2164, twitt@wolfblock.com.*

### Mondays

**Monday on the Main Line.**

Rides start promptly at **6:00 and 6:30 PM**. Multi-level, beginner through AX. Rides leave from Church of the Savior, 651 N. Wayne Ave, Wayne, PA. Come ride with the largest and friendliest bike group on the Main Line. Multilevel rides, beginner through AX, leave from the large rear parking lot next to the gym. Terrain can be hilly. Clean bathrooms and water provided inside the gym, Bldg F. Beginner riders can start by riding the short 5 mile loop around Wayne and eventually work their way up to the longer, more challenging rides (C, C+, B-, B, B+, A and AX groups). Special bike rides for women with children/expectant moms, family rides and

tandem rides for the blind and physically challenged. No one will be left behind! Cue sheets with directions are provided for most of the COS bike rides. *Leaders: Tom Madle, 215-641-7686, TMadle@RohmHaas.com and Michael Lefkowitz, 610-687-2923, Michael.lefkowitz@verizon.net.*

### Tuesdays

**Narberth ChainSmokers.** Class B, 15-16 mph, 30-38 miles. Training ride through the back roads of the Main Line. We'll go out to Valley Forge before returning. Leaves at **6:00 PM** from Mainly Bikes, 229 Haverford Ave in Narberth. *Leaders: Jeff Kimmel, 610-446-1334, jeff\_signs@hotmail.com and Art Elwood, 856-429-7733, artelwoodcpa@netzero.com.*

**Evening Ride from Mt. Airy.** Ride starts promptly at **6:00 PM**. Class C+, 13-14 MPH, 25 to 32 miles, depending on the amount of daylight. Meet at the Allen's Lane Train

Station at the corner of Allen's Lane and Cresheim Road. *Leader: Jeff Bakely, 215-843-1093, rides07.50.bcpjeff@dfgh.net.*

### Wednesdays

**Northeast Training Ride. 5:30 PM** Class B-/C+, about 20 miles. A ride into Bucks County and back. Meet in the Lincoln High School pool parking lot, on Rowland Ave, just north of Ryan Ave. *Leader: Joe Feeny, 215-601-8412, jfe7378071@aol.com.*

**Evening Ride from Glenside. 6:30 PM.** Class B/B+, 16-17 mph, 25-30 miles. Meet at Keswick Cycle, 408 N. Easton

Rd, near Keswick Ave, in Glenside, PA for a prompt 6:30 departure. Come explore the interesting and diverse roads of eastern Montgomery County! We'll ride until dark on routes that are moderately hilly and generally lightly traveled. There may be other paced rides available; contact the bike shop at 215-885-7433 with questions about other paced rides or parking. Remember to bring a flashing rear light for safety. Riders **MUST** call or e-mail me to confirm; occasionally my schedule keeps me from riding. Depending

### Save The Date

BCP Annual Fall Foliage Weekend  
October 19-21, in Scenic & historic  
Hanover/Gettysburg, PA. Stay at plush  
Hampton Inn of Hanover All-inclusive  
package — hotel, rides, food & beverage,  
etc. Members' early bird discount (on or  
before Wed, Sept. 19): \$155/person,  
double occupancy After Sept. 19, add \$20  
(still a great bargain!) Complete details &  
Registration Form on website. Any  
questions? Please contact Linda McGrane,  
at: 610-251-5573 day, 267-251-7872  
cell, or mcgranel@mlhs.org.

## August Ride List

## Spotlight on Biking

on the weather or my schedule, the ride may be moved to Tuesday or Thursday. Rain cancels. *Leader: Chris Beetham, 215-740-0973, ride\_with\_cb@verizon.net.*

### Thursdays

**Narberth ChainSmokers. 6:00 PM.** Class B, 15-16mph, approx 30-38 miles. Please see Tuesdays for details.

**Bryn Mawr Local B Training Ride. 6:00 PM.** Class B, 15-16 mph, 32 miles. A quick-paced, fairly hilly ride to Merion, Gladwyne, and West Conshohocken, returning via Manayunk and the Bike Path. Meet at the Italian Fountain behind the Art Museum. *Leader: David Finger, 215-605-8560, davederailleur@hotmail.com.*

**Thursday Training Ride.** Class C+/C-, approximately 24 miles. Departs **6:00 PM sharp** from Italian Fountain. We'll do hill-seeking routes and be back by dark. We'll push ourselves (it's a training ride) but no one will be dropped. NOTE: Any C- riders who'd like to train with us may ride the route a little slower as a sub-group. *Leader: Gary Morris, 215-557-0410, gmorris@vzavenue.net.*

**Schuylkill River Trail** Classes B- (16-18 mph) and C (13-15), 19-25+ miles. Meet at **6:15PM** at the Spring Mill train station parking lot, near E. Hector St and E. North Lane in Conshohocken. From Ridge Ave take Barren Hill Rd to first light, then left to the station. We'll ride towards Valley Forge and beyond, returning before darkness. No cars, hills, cue sheets, or preservatives. No one left behind. *Leaders: Howard Hochheiser (B-), 215-913-3246, howard@thebluestargroup.biz and Mike Seidman (C), 215-242-1200, fixedgear@prnt4u.com.*

### Saturdays

**Saturday C to B+ Brunch Rides.** Scenic rides into surrounding counties, usually with a sit down stop for food. Mileage varies depending on destination. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill/Lafayette Hill. Ride will occur most Saturdays. Check Monthly Ride Calendar for pace, destination, distance and start time. Coordinator: Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz.

**Saturday C+ Training Ride. 9:00** Class C+, 13-14 mph, 40-50 miles. Ambler and Devon are among the common destinations and we do our best to ride as a cohesive group. Routes are as flat as possible to complement the Thursday hill training rides. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at \*9:00\*. *Leaders:*

## Why I No Longer Shout 'Clear!'

By Thomas Lipscomb

I decided to stop shouting "clear" at intersections after attending a meeting that the BCP Board of Directors sponsored for ride leaders this past spring. Howie Wiener mentioned a recent New Jersey appellate court decision in which Motorist A sued Motorist B for injuries inflicted by Motorist C, where Motorist B "waved on" Motorist A at an intersection, and Motorist C struck Motorist A roadside.

The New Jersey court found that Motorist B could be held liable for Motorist A's injuries, I suppose because Motorist A relied on Motorist B's representation that the intersection was clear of traffic. (My memory is imperfect. The case may have involved cyclists rather than motorists. If the truth be known, I was listening with half an ear, because I was busy stuffing my face with free pizza.) In any event, I thought, "Well, no good deed goes unpunished. Here Motorist B was just trying to be neighborly, and now he is jammed up with a civil suit!"

Howie mentioning this case set me to thinking, though, and I now believe that our practice of shouting "clear" at intersections is unsafe. I can remember several times when I have shouted "clear" while crossing an intersection, only to see out of the corner of my eye a car coming around the bend. The intersection was clear for me, but what about the cyclist after me? Cars are a lot faster than we are, and in a split second, the car that posed no threat to me could cream the trusting soul behind me. My fears may seem exaggerated, but keep in mind that we tend to use secondary roads and that many of these roads have blind curves. Have you ever made the left from McClenaghan Mill Road onto Old Gulph? Shouting "clear" at that intersection seems meaningless to me, and possibly deceptive.

Of course, I still call out warnings, e.g., "car left" or "gravel." One of the advantages of group riding is that we can serve as each other's eyes and ears; but the situation at any intersection is too fluid to rely even upon the opinion of someone who went through it only a moment before.

All of this is to say that each of us is ultimately responsible for his own safety. The person best qualified to look out for your interests is you.

*Lipscomb is leader of BCP's Advocacy Committee.*



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## August Ride List

Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov. Check the Current Ride Listing for ride descriptions, time changes, and cancellations.

### Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information.

**Wednesday, August 1 - Northeast B-/C+ Training Ride. 5:30 PM.** See Weekly Rides for details.

**Wednesday, August 1 - Evening B/B+ Ride from Glenside. 6:30 PM.** See Weekly Rides for details.

**Thursday, August 2 - Narberth Chain Smokers. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 2 - Bryn Mawr Local B Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 2 - Thursday C+/C- Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 2 - Schuylkill River Trail B-/C Ride. 6:15 PM.** See Weekly Rides for details.

**Saturday, August 4 - Classic Ride IV: Seven Creeks and a River. 8:30.** Class B, 13-15 mph, 42 miles. This is Myra Van Inwegen's famous ride that starts from the Italian Fountain and goes through the western Philadelphia suburbs. There are a lot of short, thigh-burning climbs as well as pulse pounding descents. One convenience store food stop is planned. Riders will receive extra credit for correctly naming all seven creeks and the river we pass. *Leader: Rich Wagner, 610-964-1484, roadrich@hotmail.com*

**Saturday, August 4, - Bryn Athyn Cathedral. 8:30.** Class C, 42 miles. Meet 8:20 AM at the Italian Fountain for a prompt 8:30 departure. We'll ride over moderately hilly terrain (with lots of shade) to the cathedral and inspect this historic building. Then 4 miles to lunch at Baederwood Shopping Center. We'll return via Jenkintown, the Philadelphia National Cemetery and Germantown. Bring lunch money and lots of water. *Leaders: Vikki & Gary Morris, 215-557-0410, gmorris@vzavenue.net*

**Saturday, August 4 - C+ Training Ride. 9:00 AM.** See Weekly Rides for details.

**Sunday, August 5 - Sunny Sunday Afternoon D Ride. Noon.** See Weekly Ride list for details. *Leader: Jeff*

*Bakely, 215-843-1093, bcpjeff@gmail.com.*

**Sunday, August 5 - B Ramble.** Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at noon. Show and go or look for an ad-hoc listing.

**Sunday, August 5 - Sunny Sunday C Spin-Off. 12:15 PM.** See Weekly Rides for details. *Leader: Chuck Martin, 215-923-1887.*

**Monday, August 6 - Monday on the Main Line. 6:00/6:30 PM.** See Weekly Rides for details.

**Tuesday, August 7 - Narberth Chain Smokers. 6:00 PM.** See Weekly Rides for details.

**Tuesday, August 7 - Evening C+ Ride from Mt Airy. 6:00 PM.** See Weekly Rides for details.

**Wednesday, August 8 - Northeast B-/C+ Training Ride. 5:30 PM.** See Weekly Rides for details.

**Wednesday, August 8 - Evening B/B+ Ride from Glenside. 6:30 PM.** See Weekly Rides for details.

**Thursday, August 9 - Narberth Chain Smokers. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 9 - Bryn Mawr Local B Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 9 - Thursday C+/C- Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 9 - Schuylkill River Trail B-/C Ride. 6:15 PM.** See Weekly Rides for details.

**Saturday, August 11 - Bruno's to Ottsville. 8:00 AM.** Class B/B-, 13-15 mph, 71 miles. This ride is B- for average speed and B for distance. The route is relatively flat thru Eastern Montgomery and Central Bucks Counties with no steep climbs. I developed this ride to visit my daughter at camp just outside Ottsville, near Rts. 113 and 611. It goes through Chalfont and Dublin, but is mostly on low volume, quiet roads, especially after Chalfont. I discovered a new and interesting coffee shop in Ottsville with good bread, cheese and muffins. There are also several places along the way for drinks and more substantial fare. Meet at Bruno's at Northwestern and Germantown Aves. Joint ride with SCU. *Leader: Jeff Bakely, 215-843-1093, bcpjeff@gmail.com.*

**Saturday, August 11 - C+ Training Ride. 9:00.** See Weekly Rides for details.

**Sunday, August 12 - Instructional Riding Class for New Riders. Noon.** Class D, 10-12 mph, 10 miles. Class begins with basic information on what to do to be ready to ride. We will regroup often to discuss group riding and safety rules, gearing and efficiency, and riding in traffic. Most of the instruction will be done on the bike and no one will

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## August Ride List

be left behind. Meet at noon at the formal entrance to the Azalea Garden at the circle behind the Art Museum. If you plan to attend or have any questions, please contact *leaders: Linda McGrane, 267-251-7862, McGraneL@MLHS.ORG and Joe Feeney, 215-332-0283, jfe7378071@aol.com.*

**Sunday, August 12 - B Ramble.** Class B, 14-15 mph, 45 miles. Meet at the Italian Fountain at **noon**. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with two or three moderate climbs. Call if the weather is questionable. *Leader: Jim Laurino, 215-476-5091, bcpbit708.x.jimlaur@dfgh.net.*

**Sunday, August 12 - Sunny Sunday C Spin-Off. 12:15 PM.** See Weekly Rides for details. *Leader: Tom Witt, 215-977-2164.*

**Monday, August 13 - Monday on the Main Line. 6:00/6:30 PM** See Weekly Rides for details.

**Tuesday, August 14 - Narberth Chain Smokers. 6:00 PM.** See Weekly Rides for details.

**Tuesday, August 14 - Evening C+ Ride from Mt Airy. 6:00 PM.** See Weekly Rides for details.

**Wednesday, August 15 - Northeast B-/C+ Training Ride. 5:30 PM** See Weekly Rides for details.

**Wednesday, August 15 - Evening B/B+ Ride from Glenside. 6:30 PM.** See Weekly Rides for details.

**Thursday, August 16 - Narberth Chain Smokers. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 16 - Bryn Mawr Local B Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 16 - Thursday C+/C- Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 16 - Schuylkill River Trail B-/C Ride. 6:15 PM.** See Weekly Rides for details.

**Saturday, August 18 - Valley Forge Mountain. 8:30** Class B-, 13 mph, 60 miles. Meet at Bruno's (Northwestern & Germantown Aves. in Chestnut/Lafayette Hill) for a scenic but hilly ride on some infrequently traveled roads. We'll climb into Chestnut Hill, down the Manayunk Wall, cross the Schuylkill, go up into Belmont Hills, down the west side of the Schuylkill, climb up Lower Merion, cross over the next ridge, head out into the Charlestown Valley via VFP, climb over Valley Forge Mountain from the "dark" side and head back to Bruno's via Wayne/Radnor. A lot of long climbs on this ride but very scenic roads. Food stop at half way. Rain cancels. *Leader: Tom Madle, 215-641-7686, TMadle@RohmHaas.com.*

**Saturday, August 18 - C+ Training Ride. 9:00.** See Weekly Rides for details.

**Sunday, August 19, - Looping around Tredyffrin, Radnor, Upper Marion and... 8:30.** Class C, about 11 mph, 35 miles. From Chesterbrook we start our first loop in Wilson park, Tredyffrin township and proceed southeast to circle through adjoining municipalities. Yes, its Arnie's ride with one or two challenging hills plus a great downhill "flight". Break for brunch in King of Prussia. As required we will stop to regroup: no one dropped. Cue sheets will be available. Bring sun block, beverage and money. Meet at Manhattan Bagel in the Chesterbrook Shopping Center, easily accessible from US202 or PA 252. Call for directions. A multi-club ride. *Leader: "Arnie" Roseman, 610-640-4529, biker73pa@msn.com.*

**Sunday, August 19 - Breakfast Ride. 8:45.** Class C, 12-14 mph, 30 miles. Meet at 8:45 at the SE corner of 22nd & Spring Garden for a delightful ride to a delightful place to have a delightful breakfast. Bring locks and money for brunch in the middle of the ride. *Leader: Henry L. Lazarus, 267-259-6275, hlazar@verizon.net.*

**Sunday, August 19 - Sunny Sunday Afternoon D Ride. Noon.** See Weekly Ride list for details. *Leader: Tom Stewart, 215-455-9168, stewart.tom@verizon.net.*

**Sunday, August 19 - B Ramble.** Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at **noon**. Show and go or look for an ad-hoc listing.

**Sunday, August 19 - Sunny Sunday C Spin-Off. 12:15 PM.** See Weekly Rides for details. *Leader: Chuck Martin, 215-923-1887.*

**Monday, August 20 - Monday on the Main Line. 6:00/6:30 PM.** See Weekly Rides for details.

**Tuesday, August 21 - Narberth ChainSmokers. 6:00 PM.** See Weekly Rides for details.

**Tuesday, August 21 - Evening C+ Ride from Mt Airy. 6:00 PM.** See Weekly Rides for details.

**Wednesday, August 22 - Northeast B-/C+ Training Ride. 5:30 PM** See Weekly Rides for details.

**Wednesday, August 22 - Evening B/B+ Ride from Glenside. 6:30 PM.** See Weekly Rides for details.

**Thursday, August 23 - Narberth ChainSmokers. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 23 - Bryn Mawr Local B Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 23 - Thursday C+/C- Training Ride. 6:00 PM.** See Weekly Rides for details.

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## August Ride List

**Thursday, August 23 - Schuylkill River Trail B-/C Ride.**

**6:15 PM.** See Weekly Rides for details.

**Saturday, August 25 - C+ Training Ride. 9:00.** See Weekly Rides for details.

**Saturday, August 25 - Central Park Doylestown and Beyond. 9:00.** Class C, 13-14 mph, 45 miles. Terrain is flat to rolling with a few hills after Central Park. This ride was done in April and is back by popular demand. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill/Lafayette Hill, for a scenic ride to Central Park in Doylestown and beyond, with a WAWA stop. *Leader: Margaret Lenzi, bcpmarg@comcast.net.*

**Sunday, August 26 - Breakfast ride. 8:45.** Class C, 12-14, 30 miles. Meet at 8:45 at the SE corner of 22nd & Spring Garden for a delightful ride to a delightful place to have a delightful breakfast. Bring locks and money for brunch in the middle of the ride. *Leader: Henry L. Lazarus, 267-259-6275, hlazar@verizon.net.*

**Sunday, August 26 - Sunny Sunday Afternoon D Ride. Noon.** See Weekly Ride list for details. *Leader: Dennis Schilling, 215-275-3337, dschill400@comcast.net.*

**Sunday, August 26 - B Ramble.** Class B, 12-13 mph, 40 miles. We'll cruise up to Fort Washington. Some extreme sweating may be required. Meet at the Italian Fountain at **Noon.** *Leader: Werner Carrieri, 215-680-2618, wernerman@aol.com.*

**Sunday, August 26 - Sunny Sunday C Spin-Off. 12:15 PM.** See Weekly Rides for details. *Leader: Tom Witt, 215-977-2164.*

**Monday, August 27 - Monday on the Main Line. 6:00/6:30 PM.** See Weekly Rides for details.

**Tuesday, August 28 - Narberth ChainSmokers. 6:00 PM.** See Weekly Rides for details.

**Tuesday, August 28 - Evening C+ Ride from Mt Airy. 6:00 PM.** See Weekly Rides for details.

**Wednesday, August 29 - Northeast B-/C+ Training Ride. 5:30 PM.** See Weekly Rides for details.

**Wednesday, August 29 - Evening B/B+ Ride from Glenside. 6:30 PM.** See Weekly Rides for details.

**Thursday, August 30 - Narberth ChainSmokers. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 30 - Bryn Mawr Local B Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 30 - Thursday C+/C- Training Ride. 6:00 PM.** See Weekly Rides for details.

**Thursday, August 30 - Schuylkill River Trail B-/C Ride. 6:15 PM.** See Weekly Rides for details.



## August Ride Leaders

**Jeff Bakely**  
**Chris Beetham**  
**Werner Carrieri**  
**Rafael Corredoira**  
**Art Elwood**  
**Joe Feeney**  
**David Finger**  
**Howard Hochheiser**  
**Jeff Kimmel**  
**Jim Laurino**  
**Henry Lazarus**  
**Michael Lefkowitz**  
**Margaret Lenzi**  
**Thomas Lipscomb**  
**Tom Madle**  
**Chuck Martin**  
**Linda McGrane**  
**Gary Morris**  
**Vikki Morris**  
**Arnie Roseman**  
**Dennis Schilling**  
**Mike Seidman**  
**Tom Stewart**  
**Rich Wagner**  
**Tom Witt**

**Sunday, September 2 - The 13th Annual Peter Odell Memorial Ride.** 125, 90, 70, and 50 miles. SAG buses, dinner in Brooklyn, buses bring you back. <http://www.phillybikeclub.org/odell.htm> Coordinator: Art Elwood, 856-287-9053, artelwoodcpa@netzero.com.

**Saturday, September 8 - The Scenic Schuylkill Century** 25, 38, 65, and 100 miles. Breakfast, marked routes, SAG, rest/food stops, pizza at finish. <http://www.phillybikeclub.org/century.htm>

Coordinators: JD Mitchell and Bob Love, [century@phillybikeclub.org](mailto:century@phillybikeclub.org)