

Weekly Rides and General Ride Description

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific ride leaders and any additional information on the ride.

Sundays

Sunday Off-Season Training Ride for New Racers. 8:45. Class A/B, 18-22 mph, 40-50 miles. This is an off-season training ride for people that may be interested in racing next year. The ride is not a race and nobody will be dropped. It will be mid-tempo, designed to be equal parts social and training. Leaves at 8:45 from the Bulldog statue, 25th Street & Fairmount Avenue. Leader: Mark Pfeiffer, 267-934-1515, pfeiffer.mark@gmail.com.

Sunday B Ramble. 12:00. Class B, 14-15 mph, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. Coordinator: Jim Laurino, 215-476-5091, bcpbit709x.jimlaur@dfgh.net.

Sunny Sunday Afternoon D Ride. The Sunny Sunday Afternoon D Ride will return in the spring.

Sunny Sunday C Spin-Off. 12:15 PM. A true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum. Coordinator: Tom Witt, 215-977-2164, twitt@wolfblock.com.

Tuesdays

MTB on the Pennypack Trails. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 6:30 PM. Lights and a trail permit are required: http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Note: There is no ride on Dec 25. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Wednesdays

Northeast Training Ride. 5:30 PM. Class B-/C+, about 20 miles. A ride into Bucks County and back.
Call or email to make sure ride is going; no call or email, no ride.
There are a few committed riders, so most nights the ride will go. Front and rear lights required.
We'll return around 7:00 PM. Meet in the Lincoln High School pool parking lot, on Rowland Ave just north of Ryan Ave.
Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com.

Saturdays

Saturday C+ Training Ride. Note start time change: 11:00. Class C+, 13-14 mph, 40-50 miles. Ambler and Devon are among the common destinations, and we do our best to ride as a cohesive group. Routes are as flat as possible. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at 11:00.
Leaders: Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov.
Check the Current Ride Listing for ride descriptions, time changes, and cancellations.

Northeast Ramble. Class C-, 15 to 35 miles depending on weather, etc. Must be above freezing. Call Thursday evening or Friday for details of start location, destination, etc. Always a brunch stop.
Usually leave at 9:00 or 10:00. No calls - no ride. Leaders: Dick and Madge Trickey, 215-288-5907.

Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information

Saturday, December 1 - C+ Training Ride. 9:00. See Weekly Rides for details.

Saturday, December 1 - Northeast Ramble. See Weekly Rides for details.

Sunday, December 2 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, December 2 - Fun Wheelers Winter Limbering: Chesterbrook -> Ikea. Class C, about 11+ mph, 30+ miles. We start at 9:30 from the Manhattan Bagel in the Chesterbrook Shopping Center, easily accessible from US202 or PA252. We ride to King of Prussia, cross Upper Merion and the Schuylkill River. Continuing up the new Cross County Trail, we stop for refueling and warming at Ikea. After a tasty interlude we remount and slowly spin under Ridge Pike, across the end of the Metroplex shopping center, wind our way to the SRT and back to Chesterbrook. Expect a few hills. No one dropped. Cue sheets provided. Bring lock, snack, beverage & \$. A multi club ride. Call if you want to do this ride. NO CALLS = NO RIDE! In the event of weather concerns, or for directions, contact leaders. Leaders: Arnie Roseman, 610-640-4529, biker73pa@msn.com and Steve Trobovic, wildyugo@verizon.net.

Sunday, December 2- Hike the Wissahickon. Meet at 9:30 at the Valley Green Inn. We'll do 5-7 miles in the beautiful Wissahickon, mainly on trails, with flat option. We can go to Bruno's afterwards for lunch. Rain cancels. Leader: Debbie Hoellein, 215-833-5545, wholelion@aol.com.

Sunday, December 2 - B Ramble. Class B, 14-15 mph, 43 miles. Meet at the Italian Fountain at 12:00. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. Leader: Jim Laurino, 215-476-5091, bcpbit712.x.jimlaur@dfgh.net.

Sunday, December 2 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Tom Witt, 215-977-2164

Tuesday, December 4 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, December 5 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Thursday, December 6 - BCP Monthly Meeting. 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Friday, December 7 - Holiday Lights Night Ride Celebration. 7:00 PM. All Classes, 10-12 mph, 13

miles. Relive your childhood days of cruising the streets in search of holiday lights and festive displays. This is a reprise of the past several years and a club favorite! You won't be disappointed on this ride, as I've found a number of unique streets and hundreds of houses decorated to the maximum for the season. We'll tour south Philly's best and brightest holiday displays. Meet in FRONT of the Art Museum in Philadelphia for a 7 PM start. The past several years have seen a number of people shivering in the cold weather. Please overdress in layers to insure your full enjoyment of the ride. Our rolling average speed will not be nearly fast enough to generate much body heat. Bring your hybrid or MTB for some of the rougher terrain along the city streets. Your bike should be equipped with front and rear lights. Additionally, you are encouraged to dress with bright reflective clothing. Those really looking to get in the spirit are encouraged to decorate their bikes with lights and garland. Afterwards we'll go out for food and spirits. Ride is cancelled only if it's raining, otherwise we will ride regardless of temperature. Leader: Bob Paradise, 856-343-5944, rdparadise@comcast.net.

Saturday, December 8 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, December 8 - Northeast Ramble. See Weekly Rides for details.

Sunday, December 9 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, December 9- Hike the Wissahickon. Meet at 9:30 at the Valley Green Inn. We'll do 5-7 miles in the beautiful Wissahickon, mainly on trails, with flat option. We can go to Bruno's afterwards for lunch. Rain cancels. Leader: Debbie Hoellein, 215-833-5545, wholelion@aol.com.

Sunday, December 9 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at noon. Show and go or look for an ad-hoc listing.

Sunday, December 9 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Tom Witt, 215-977-2164.

Tuesday, December 11 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, December 12 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Saturday, December 15 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, December 15 - Northeast Ramble. See Weekly Rides for details.

Saturday, December 15 - Four-legged friendly hike on the Wissahickon Trails. Meet at the Valley Green Inn at 9:00 for an approximately 5-7 mile hike on the upper Wissahickon trails. We'll hike for approximately 2-3 hours. Bringing your four-legged friends is not only allowed, it's encouraged! We were rained out in November, so hopefully we'll have better luck this month. The hike may be cancelled in case of poor weather and/or trail conditions. Remember to bring water for you and your pets. Call or e-mail with questions. Leader: Chris Beetham, 215-740-0973 (cell), ride_with_cb@verizon.net and Richard Terry, 215-675-1536.

Sunday, December 16 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, December 16 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00. Show and go or look for an ad-hoc listing.

Sunday, December 16 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Mike Olszewski, 215-945-2437.

Tuesday, December 18 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, December 19 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Saturday, December 22 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, December 22 - Northeast Ramble. See Weekly Rides for details.

Sunday, December 23 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, December 23 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00. Show and go or look for an ad-hoc listing.

Sunday, December 23 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Chuck Martin, 215-923-1887.

Wednesday, December 26 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Saturday, December 29 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, December 29 - Northeast Ramble. See Weekly Rides for details.

Sunday, December 30 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, December 30 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00. Show and go or look for an ad-hoc listing.

Sunday, December 30 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Sam Wiley, 215-523-7556.

Wednesday, January 2, 2008 - Mailing the January Newsletter. Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. Coordinator: Tom Witt, 215-977-2164.