

Sundays

Sunday Morning Breakfast Ride. Class C, up to 30 miles. Bring locks and money for brunch in the middle of the ride. Meet 8:45 at the SE corner of 22nd & Spring Garden for a delightful ride to a delightful place to have a delightful breakfast. *Leaders:* March 4 - Show and Go; **11th** - *Joseph Feeney, 215-332-0283, jfe7378071@aol.com;* **18th** - *Lynne Crossan, mametenis@yahoo.com;* **25th** - *Henry Lazarus, hlazar@netaxs.com.*

B Ramble. Class B, 14-15 MPH, approx. 40 miles. Meet at the Italian Fountain behind the Art Museum at noon. Check the Monthly Calendar for leaders, ride descriptions, and cancellations.

Sunny Sunday Afternoon Ride. Class D. The regular Sunny Sunday ride is over for the season. See you in the spring!

Sunny Sunday Spin-Off Ride. Class C, usually 25-30 miles. A true C ride which cheerfully waits to regroup. All welcome. Meets 12:15 at the rock near the Italian Fountain, behind the Art Museum. *Leaders:* **March 4** - *Chuck Martin, 215-923-1887;* **11th** - *Sam Wiley, 215-523-7556;* **18th** - *Chuck Martin;* **25th** - *Tom Witt, 215-977-2164.*

Wednesdays

MTB on the Pennypack or Wissahickon Trails. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park or the upper parking lot on Valley Green Road (Wissahickon) at 6:30 PM. Ride time is 1.5 to 2 hours, so a light with a minimum of 2 hours burn time and 10W is required. A trail permit is also required: application form is at <http://www.fairmountpark.org/pdf/Trail%20User%20Permit%20Application.pdf>. The ride will usually be at Pennypack, but will occasionally change location. If interested, call or e-mail the day before the ride to confirm and find out the location for that week's ride. Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for either Tuesday or Thursday evening. Day-of ride inquiries - call only. *Leader: Chris Beetham, 215-576- 6514, ride_with_cb@verizon.net.*

Thursdays

Schuylkill River Trail. Beginning March 15. Classes B- (14-16 MPH) and C (12-14 MPH), 19-25+ miles. We'll adjust the pace and distance as the season progresses. Meet at 5:30PM (6:00 in April). Starts at the Spring Mill train station parking lot near E. Hector St and E. North Lane in Conshohocken. From Ridge Ave, take Barren Hill Rd to first light, then left to the station. We'll ride towards Valley Forge and beyond, returning before darkness. No cars, hills or cue sheets. No one left behind. B- leader: *Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz.* C leader: *Mike Seidman, 215-242-1200, mike@prnt4u.com.*

Regular Thursday C+ Training Ride beginning March 15. Class C+, approximately 18-20 miles. Departs 6:00 PM sharp from Italian Fountain. We'll do shorter hill-seeking routes and be back by 7:30. We'll push ourselves (it's a training ride) but no one will be dropped. *Leader: Gary Morris, gmorris@vzavenue.net (215) 557-0410.*

Fridays

Wallyball. March 2, 16, and 30. Come to the Aquatic & Fitness Center at Riverside Racquet at 600 Righters Ferry Road, Bala Cynwyd at 7 PM for a fun and invigorating game of Wallyball. What is that? It's volleyball in a racquetball court. We play until at least 9:00. Cost is \$7.50 per person. Bring your own lock for a locker. Call the club at 610- 664-6464 for directions. Call or email *coordinator Nikki Marx, 215-963-9377, bcpwallyball@hotmail.com* to let her know you are coming or there may not be a game. Also call or email Nikki if you want to be on the Wallyball e-mail list to remind you of upcoming games.

Saturdays

C+ training ride. Class C+, 12-14 MPH, 30-45 miles (depending on weather conditions). Meet at the Italian Fountain behind the Art Museum at 11. *Leaders: Rafael Corredoira, rcorredo@lycos.com, 215-747-0930 and Thomas Lipscomb, thomas.lipscomb@phila.gov, 215-880-5238.* Check the Monthly calendar for ride descriptions and cancellations.

Saturday, March 3 - C+ training ride. Class C+, 12-14 MPH, 30-45 miles, depending on weather conditions. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~ 15 mph. Mystery Destination. Meet at the Italian Fountain behind the Art Museum at 11. *Leaders: Rafael Corredoira, rcorredo@lycos.com, 215-747-0930 and Thomas Lipscomb, thomas.lipscomb@phila.gov, 215-880-5238.*

Sunday, March 4 - Hike the Wissahickon. Meet at the Valley Green Inn at 9:30 to do 5-7 miles, mostly on trails, with Forbidden Drive option. This will be our season finale, but be on the lookout for adhoc hikes when the weather isn't good for biking. Instead of Bruno's, we will have a post-hike lunch hosted by Howard, Cathy, and Debbie afterwards. Please join us if you have hiked with us before or if you want to try it out for the first time. From Germantown Ave, turn onto Springfield Ave (right turn from the suburbs, left from the city) - across from Wissahickon Cyclery. After about a mile, bear right at the fork. Please park in the upper lot and walk down to the Inn. From Henry Ave, turn onto Wisers Mill Road (left from the suburbs, right from the city). *Leaders: Howard Hochheiser, cell 215-913-3246, howard@thebluestargroup.biz; Debbie Hoellein, cell 215-833-5545, wholelion@aol.com.*

Sunday, March 4 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at noon. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with two or three moderate climbs. Call if the weather is questionable. *Leader: Jim Laurino, 215-476- 5091, bcpbit703.x.jimlaur@dfgh.net.*

Tuesday, March 6 - BCP Monthly Meeting. 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, *contact Margaret Lenzi, bcpmarg@comcast.net or 215-247-9169.*

Thursday, March 8 - 5:00 "Jump Start" Training Ride. Class C+, approximately 15 miles. Departs 5:00 PM sharp from Italian Fountain. (NOTE early departure) We'll do short hill-seeking routes and still be back shortly after 6:00. We'll push ourselves (it's a training ride) but no one will be dropped. *Leader: Gary Morris, gmmorris@vzavenue.net (215) 557-0410.*

Saturday, March 10 - C+ training ride. Class C+, 12-14 MPH, 30-45 miles, depending

on weather. See March 3. Meet at the Italian Fountain at 11. *Leaders: Rafael Corredoira, rcorredo@lycos.com, 215-747-0930 and Thomas Lipscomb, thomas.lipscomb@phila.gov, 215-880-5238.*

Sunday, March 11 - 9th Annual Leprechaun Breakfast. All classes, about 30 miles. Starts at 10:00 (daylight saving time) from Valley Forge Park visitor center, lower parking lot. We ride to Parker Ford and Pennhurst looking for the Leprechaun's pot of gold. We probably won't find it, but we will find a great, late, breakfast at the Phoenixville Polish American Club near the end of the ride. "Szczesliwego Dnia Sw. Patryka!". A multi-club ride. Bring \$ & H2O. Ride may be shortened, depending on temperature. If rain or snow is forecast, ride is canceled. Take US 422 to the Valley Forge Rd (SR 23 W) exit. Enter VFNHP at the main entrance at the traffic light. Take the first right after entering, which leads you around the Visitor Center to the lower parking lot. *Leader: Steve O'Trobovic, wildyugo@comcast.net.*

Sunday, March 11 - B Ramble. Class B, 14-15 mph, about 40 miles. Meet at the Italian Fountain at noon. Food stop at Toto's Gelatos. Cue sheets provided. Terrain is flat to rolling hills with one or two moderate climbs. Call if the weather is questionable. Start time temperature 35 degrees or below cancels ride. *Leader: Jeff Bakely, 215-843-1093, bramble307.x.bcpjeff@dfgh.net.*

Saturday, March 17 - Ride to Skippack. Class B-, 13-14 mph and C/C+ 12- 13mph, 40 +/- miles. Meet at Bruno's (Northwestern and Germantown Aves in Chestnut Hill/Lafayette Hill) for a scenic, multi-paced ride to Skippack. Terrain is rolling with a few climbs, especially on the return portion. Sit down food stop at Mal's American Diner. Call if weather is questionable. Please meet 15 minutes early for a 9:15 (C/C+) or 9:30 (B-) sharp start. *Leaders: Jeff Bakely, 215-843-1093, bcpjeff@gmail.com; Howard Hochheiser, 215-913-3246 (cell), howard@thebluestargroup.biz.*

Saturday, March 17 - C+ training ride. Class C+, 12-14 MPH, 30-45 miles, depending on weather. See March 3. Meet at the Italian Fountain at 11. *Leaders Rafael Corredoira, rcorredo@lycos.com, 215-747-0930 and Thomas Lipscomb, thomas.lipscomb@phila.gov, 215-880-5238.*

Sunday, March 18 - B Ramble. Class B, 14-15 mph, 40-50 miles. Mystery Destination. Leaves from the Italian Fountain at 12 noon. Show and Go or look for an Ad Hoc Leader listing.

Wednesday, March 21 - Chesterbrook Ramble. Class D, 10 mph average speed, perhaps 20 miles +/-, depending on the group. Starts at 11 from Manhattan Bagel in the Chesterbrook Shopping Center, easily accessed from US202 or PA252. Arrive early if you want to buy brunch. A multi-club relaxed ride - a few hills if the group is willing. We stop to regroup as required. No one left behind - NO cue sheets. Bring snacks, liquids and money. NO CALLS = NO RIDE. Call for more info/direction. *Leader: Arnie Roseman, 610-640-4529, biker73pa@msn.com.*

Saturday, March 24 - Montgomery County Meander. Class B-, 13-16 mph, C/C+ 12-14 mph, 40-45 miles. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill/Lafayette Hill, for a multi-pace ride through Montgomery County, weather permitting. Some rolling hills, but no markedly steep climbs. Lunch at Merrymead farmer's market. Cue sheets provided. Meet 15 minutes early for either a 9:15 sharp C/C+ or 9:30 sharp B- start. *Leaders: Linda McGrane, B-, 267-251-7862 cell, mcgranel@mlhs.org (no email access on weekends); Howard Hochheiser, C/C+, 215-913-3246 cell, howard@thebluestargroup.biz.*

Saturday, March 24 - C+ training ride. Class C+, 12-14 MPH, 30-45 miles, depending on weather. See March 3. Meet at the Italian Fountain at 11. *Leaders: Rafael Corredoira, rcorredo@lycos.com, 215-747-0930 and Thomas Lipscomb, thomas.lipscomb@phila.gov, 215-880-5238.*

Sunday, March 25 - B Ramble. Class B, 14-15 mph, 40-50 miles. Mystery Destination. Leaves from the Italian Fountain at 12 noon. Show and Go or look for an Ad Hoc Leader listing.

Tuesday, March 27 - Mailing the April Newsletter. Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. *Coordinator: Tom Witt, 215-977-2164.*

Saturday, March 31 - Malvern Horse Farms. Class B-, 13-15 mph, 35 miles. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill/Lafayette Hill, at 9:15 for a 9:30 sharp start. We'll ride to the Malvern horse farms with a short WAWA stop at mile 25. This ride will have some climbs. Cue sheets provided. Rain or starting temps below 35 cancels. *Leader: Tom Madle, 215-233-2578 home, tmadle@rohmmaas.com (no email on weekends).*