

Weekly Rides and General Ride Description

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific ride leaders and any additional information on the ride.

Sundays

Sunday Off-Season Training Ride for New Racers. 8:45. Class A/B, 18-22 mph, 40-50 miles. This is an off-season training ride for people that may be interested in racing next year. The ride is not a race and nobody will be dropped. It will be mid-tempo, designed to be equal parts social and training. Leaves at 8:45 from the Bulldog statue, 25th St & Fairmount Avenue. Leader: Mark Pfeiffer, 267-934-1515, pfeiffer.mark@gmail.com.

Sunday B Ramble. 12:00PM. Class B, 14-15 mph, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. Coordinator: Jim Laurino, 215-476-5091, bcpbit709x.jimlaur@dfgh.net.

Sunny Sunday Afternoon D Ride. Noon. For the beginner who wishes to learn and improve biking skills. Usually 12-20 miles. Meet at the formal entrance to the Azalea Garden at the circle behind the Art Museum. Coordinator: Jeff Bakely, 215-843-1093, rides07.50.bcpjeff@dfgh.net. In October, the ride will be led by Tim Carey, BCP's founder and the originator of this ride. Although there will not be a formal Instructional Riding Class for New Riders, Tim does an instructional ride every time. If you want to ride, call or email the leader listed in the Monthly Ride Calendar (see below), which may have other details, too. No calls = no ride.

Sunny Sunday C Spin-Off. 12:15 PM A true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum. Coordinator: Tom Witt, 215-977-2164, twitt@wolfblock.com.

Tuesdays

MTB on the Pennypack Trails. 6:30 PM. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park. The ride is 1.5 to 2 hours long, so a light with a minimum of 2 hours burn time and 10W is required. A trail permit is also required: www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf. Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Wednesdays

Northeast Training Ride. 5:30 PM Class B-/C+, about 20 miles. A ride into Bucks County and back. Front and rear lights required. Meet in the Lincoln High School pool parking lot, on Rowland Ave just north of Ryan Ave. Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com.

"Night Lights" Ride: Conshohocken to Art Museum, 6:00 PM. Class B-/B, 25-30 miles. This ride meets every Wednesday in October, except 10/31, at 6:00 PM in the SEPTA lot under the bridge in Conshohocken, Harry & E. Elm Streets. Strong front lights and rear flashing lights required. We'll follow the SRT to Manayunk and then pick up the East or West River Drive to get to Lloyd Hall, the Art Museum area, where we'll take a 5 minute break before heading back to Conshohocken. We typically break into two groups. The B- group will ride at 13-14 mph and the B group at 15-16 mph. Faster or slower riders are welcome. No cue sheets. Rain, snow, or starting temperature below 50F cancels the ride. Leader: Tom Madle, 215-641-7686, tmadle@rohmmaas.com

Saturdays

Saturday C+ Training Ride. 9:00. Class C+, 13-14 mph, 40-50 miles. Ambler and Devon are among the common destinations, and we do our best to ride as a cohesive group. Routes are as flat as possible, to complement the Thursday hill training rides. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at 9:00. Leaders: Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov. Check the Current Ride Listing for ride descriptions, time changes, and cancellations.

Northeast Ramble, Class C-, 15 to 35 miles depending on weather, etc. Call Thursday evening or Friday for details of start location, destination, etc. Always a brunch stop, Usually leave at 9:00 or 10:00. No calls - no ride. Leaders: Dick and Madge Trickey, 215-288-5907.

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Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information.

Tuesday, October 2 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, October 3 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, October 3 - "Night Lights" Ride. 6:00 PM. See Weekly Rides for details.

Saturday, October 6 - C+ Training Ride. 9:00. See Weekly Rides for details.

Saturday, October 6 - Four-legged Friendly Hike on the Wissahickon Trails. Meet at the Valley Green Inn at 9:00 for an approximately 5-7 mile hike on the upper Wissahickon trails. We'll hike for approximately 2-3 hours. Bringing your four-legged friends is not only allowed, it's encouraged! The hike may be cancelled due to poor weather and/or trail conditions. Remember to bring water for you and your pets. Call or e-mail the leaders with questions. Leaders: Chris Beetham, 215-740-0973 (cell), ride_with_cb@verizon.net and Richard Terry, 215-675-1536.

Saturday, October 6 - Northeast Ramble. See Weekly Rides for details.

Saturday, October 6 - Classic Ride VI: Salem Oak Diner. 9:30. Classes B (15-16 mph) and C (12-14 mph), 65-70 miles. The final classic ride for this season will be Peter Odell's famous and popular ride from Salem Oak Diner, 113 W. Broadway in Salem, NJ, on Rt. 49. We'll ride through the marshes, grasslands, farms, ranches, and charming, historic towns of Cumberland and Salem counties in New Jersey. Expect mostly flat cycling, with an occasional hill, though nothing major. One convenience store stop is planned, with two other quick water breaks. Cue sheets will be provided for all riders. However, anyone riding the "C" pace will be doing a show 'n go, unless someone volunteers to lead the Cs. Finally, anyone interested in joining me for breakfast can meet me in the diner at 8:30. Leader: Rich Wagner, 610-964-1484, roadrich@hotmail.com.

Sunday, October 7 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, October 7 - Montgomery County Meander. 9:00. Class B-, 13-14 mph, 40-45 miles. Starts at Allen's Lane Train Station (Allen's Lane and Cresheim Road in Mt. Airy). We'll head toward Horsham and then to Lansdale before heading back to Mt. Airy. Food stop at the Whole Foods Market off Route 63 and Bethlehem Pike, or possibly in Lansdale. Leaders: Jeff Bakely, 215-843-1093, bcpjeff@gmail.com and Jack Echols, 215-382-6730, jackvortex@aol.com.

Sunday, October 7 - B Ramble. Noon. Class B, 14-15 mph, 45 miles approx. Meet at the Italian Fountain at 12:00. This ride will go to Ambler, then to the Norristown Farm Park, around the Park's bike path, through the Park's passage to the Schuylkill Bike Path at Norristown, and back to Center City. Terri Clark will lead a spin-off ride up Hart's Lane on the way back. Leaders: Rob Swartley, 215-913-0075, rswartley@rmahq.org and Terri Clark.

Sunday, October 7 - Sunny Sunday Afternoon D Ride. Noon. See Weekly Rides for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com

Sunday, October 7 - Sunny Sunday C Spin-Off. 12:15 PM See Weekly Rides for details. Leader: Tom Witt, 215-977-2164.

Tuesday, October 9 - MTB on the Pennypack Trails. 6:30 PM See Weekly Rides for details.

Wednesday, October 10 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, October 10 - "Night Lights" Ride. 6:00 PM. See Weekly Rides for details.

Wednesday, October 10 - BCP Monthly Meeting. 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Saturday, October 13 - C+ Training Ride. 9:00. See Weekly Rides for details.

Saturday, October 13 - Northeast Ramble. See Weekly Rides for details.

Saturday, October 13 - MTB in the Lehigh Valley. Class B. Starts from somewhere in the Lehigh Valley at approximately 11:00. We'll attend the swap meet at the Lehigh Valley Velodrome and then hit some trails after we've spent all our money on bike stuff. Final destination to be determined, but it will be somewhere in the Lehigh Valley within a half-hour of the Velodrome. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Saturday, October 13 - Hawk Mountain Challenge. 12:00. Class B, 14-16 mph, 60 miles. After replenishing our equipment with treasures we find at the Trexlertown swap meet, which starts at 9:00, we'll head out to explore the fall colors and bucolic back roads leading up to Hawk Mountain. Those who enjoy the challenge can climb the mountain, and then come back down (much, much faster) to meet up with the rest of the group. Meet fed and hydrated outside the Velodrome track entrance. Joint ride with CBBC and LWA. Rain cancels. Leader: David L. Johnson, 610-866-0788, david.johnson@lehigh.edu.

Sunday, October 14 - Looping around Tredyffrin, Radnor, Upper Merion and... 8:30. Class C, about 11 mph, 35 miles. (rescheduled August ride) From Chesterbrook we start our first loop in Wilson park, Tredyffrin Township and proceed southeast to circle through adjoining municipalities. Yes, it's Arnie's ride with one or two challenging hills plus a great downhill "flight". Stop for bunch in King of Prussia. As required we will stop to regroup: no one dropped. Cue sheets will be available. Bring lock, beverage and money. Meet at Manhattan Bagel in the Chesterbrook Shopping Center, easily accessible from US202 or PA 252. Call for directions. A multi-club ride. Leader: "Arnie" Roseman, 610-640-4529, biker73pa@msn.com.

Sunday, October 14 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, October 14 - Post Ride Get-Together for New Members. BCP is having a post ride get together at Le Bus Restaurant, 4266 Main Street in Manayunk, on Sunday, October 14, after the B Ramble, C Spinoff, and Sunny Sunday Afternoon D ride, each of which leaves from the Italian Fountain behind the Art Museum on Sunday around noon. All new members are especially invited to come on the rides on October 14 and/or stop by the restaurant around 2:30 - 3:00.

Sunday, October 14 - B Ramble. Noon. Class B, 13-14 mph, 40 miles. Leaves from the Italian Fountain at 12:00PM. We'll head west for a break at the Devon Whole Foods. Terrain is flat to rolling hills with three or four moderate climbs. Newer riders are encouraged to participate. On the way back, we'll stop at Le Bus in Manayunk. A get-together there for new members from various rides is planned around 2:30 or 3:00. New and older riders are welcome. Leader: David Finger, 215-605-8560, davederailleur@hotmail.com

Sunday, October 14 - Sunny Sunday Afternoon D Ride. Noon. We'll stop at Le Bus in Manayunk for the new member get-together on our way back. See Weekly Rides for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com.

Sunday, October 14 - Sunny Sunday C Spin-Off. 12:15 PM. We'll stop at Le Bus in Manayunk for the new member get-together on our way back. See Weekly Rides for details. Leader: Margaret Lenzi, 267-738-2205, bcpmarg@comcast.net.

Tuesday, October 16 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, October 17 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, October 17 - "Night Lights" Ride. 6:00 PM. See Weekly Rides for details.

Friday-Sunday, Oct 19-21 - The Fall Event. In scenic, historic Hanover/Gettysburg, PA. Classy. Eat, ride, socialize, and lots more. Coordinator: Linda McGrane, 267-251-7862, mcgranel@mlhs.org.

<http://www.phillybikeclub.org/fallevnt.htm>

NOTE: The Event is fully booked. There might be a few openings if someone cancels.

Saturday, October 20 - C+ Training Ride. 9:00. See Weekly Rides for details.

Saturday, October 20 - Northeast Ramble. See Weekly Rides for details.

Sunday, October 21 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, October 21 - B Ramble. Class B, 14-15 mph, 40+ miles. This ride leaves from the Italian Fountain at Noon sharp! We will bike to Ambler

for gelatto and/or coffee. Expect rolling hills. We will leave promptly at 12:01 PM. Leader: Jeff Braff, 215-665-2048, jbraff@cozen.com.

Sunday, October 21 - Sunny Sunday Afternoon D Ride. Noon. See Weekly Rides for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com.

Sunday, October 21 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Mike Olszewski, 215-945-2437

Tuesday, October 23 - MTB on the Pennypack Trails. 6:30 PM See Weekly Rides for details.

Wednesday, October 24 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, October 24 - "Night Lights" Ride. 6:00 PM. See Weekly Rides for details.

Saturday, October 27 - C+ Training Ride. 9:00. See Weekly Rides for details.

Saturday, October 27 - Northeast Ramble. See Weekly Rides for details.

Saturday, October 27 - Bryn Athyn Cathedral. 9:30. Class B & C, 12-18 mph, 48 miles. Tour the spectacular Bryn Athyn Cathedral in Huntingdon Valley as we take in the glorious colors of fall. Bring your camera! This is a multi-level, multi-location ride. Start at either Church of the Saviour in Wayne at 9:30: 48 mile round trip, or Bruno's Deli in Chestnut Hill, 9800 Germantown Ave, at 10:15; 28 mile round trip. Optional lunch in Jenkintown @ mile 30. Rain or starting temp below 40F cancels the ride. Cue sheets provided for faster and slower riders. Leaders: Thomas G. Madle, 215-233-2578, tmadle@rohmmaas.com and Margaret Lenzi, 215- 247-9169, bcpmarg@comcast.net.

Sunday, October 28 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, October 28 - MTB on the Wissahickon Trails. Class B. Starts from Valley Green (meet at the upper parking lot on Valley Green Road) at 9:00. Time for another Wissahickon challenge! By now many of the leaves will be off the trees and we'll have great views of the entire valley. We'll ride for approximately 2.5 to 3 hours. A trail permit is required: www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf . The ride may be cancelled in case of poor weather and/or trail conditions, so call ahead or e-mail to confirm or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Sunday, October 28 - Bruno's to Ottsville. 9:00. Class B-, 13-14 mph, 71 miles. Meet at Bruno's in Chestnut Hill/Lafayette Hill (Germantown and Northwestern Avenues) at 9:00. I enjoyed this ride so much in August, I'm doing it again. This is a relatively flat ride thru eastern Montgomery and Central Bucks counties. There are no steep climbs. It is mostly on

low volume, quiet roads, especially after Chalfont. We can enjoy great bread and cheese at BrigaDoon Coffee in Ottsville. Joint ride with SCU. Must be able to maintain the pace. Leader: Jeff Bakely, 215-843-1093, bcpjeff@gmail.com.

Sunday, October 28 - B Ramble. Noon. Class B, 14-15 mph, 45 miles. Meet at the Italian Fountain at 12:00. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. Leader: Jim Laurino, 215-476-5091, bcpbit710.x.jimlaur@dfgh.net.

Sunday, October 28 - Sunny Sunday Afternoon D Ride. Noon. See Weekly Rides for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com.

Sunday, October 28 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Chuck Martin, 215-923-1887.

Tuesday, October 30 - MTB on the Pennypack Trails. 6:30 PM See Weekly Rides for details.

Tuesday, October 30 - Mailing the November Newsletter. Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. Coordinator: Tom Witt, 215-977-2164.

Wednesday, October 31 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.