



**Bicycle Club of Philadelphia's**

[www.phillybikeclub.org](http://www.phillybikeclub.org)



## Annual **Spring-n2-Cycling Weekend**



**Fri., April 30 to Sun., May 2, 2010,**

**In Pennsylvania's green, scenic Susquehanna Valley**

We will be staying in the quaint, historic town of Danville, which lies along the Susquehanna River. Danville is nine miles west of Bloomsburg [university town & site of an LAB cycling rally in 2000], and 16 miles east of charming Lewisburg, home of Bucknell University. Between towns, we cycle along pastoral landscapes and lots of historic covered bridges. This picturesque region of Pennsylvania is well-known for its local cycling teams and annual rides. The terrain is mostly rolling, although steep hills can be found for the challenge-seekers! There are flat roads along both sides of the river. **PLEASE NOTE: Our event will NOT conflict with SCU's Quad County Metric – the QCM is the following week (Sat, May 8).**

### **Our Tour Package includes:**

- Friday & Saturday nights at the Danville Quality Inn. All rooms non-smoking. Mini-gym at hotel.
  - Hotel's meeting room reserved for BCP for the whole weekend
  - Complete buffet-style breakfasts Saturday & Sunday [hot dishes included]
- Friday evening Welcome Reception & Hot Dinner Buffet at hotel [6:30 to 9:30pm]
- Tour packets prepared for each guest, with cue sheets, maps, brochures, etc.
- Wide array of picturesque routes, terrains, & distances to ride. Off-road trails, also.
  - Featured Group Rides with a Leader on Saturday & Sunday
  - Adorable country villages, college towns, museums, & an amusement park
- For cyclists with non-cyclist partners, an ABUNDANCE of fun, non-biking activities
  - "Spring Fling" street festival in downtown Danville on Saturday, May 1
- A BOUNTY of "portable" cycling snacks to take along on rides [e.g., trail mix, granola bars, etc.]
  - Saturday afternoon Post-Ride Party [4:30ish to 6:30pm]
- *Massage therapist* at hotel on Saturday afternoon for post-ride rub-downs (~\$1/minute)
- Saturday dinner at the uniquely elegant Victoria House restaurant, private dining room for BCP
  - Round-trip bus transportation to & from Saturday dinner in Lewisburg
    - Sunday afternoon "Wrap-Up & Left-overs" Party
  - Two rooms held for late check-out on Sunday for showers/changing
    - Music, party games, and raffle prizes

**Cost for entire package: "EARLY-BIRD" Registration** [postmarked or paid on-line by **Wed, March 31**]-  
**Members, \$160/person, double occupancy. Non-members pay \$180/person, double occupancy.** Single occupancy supplement is \$80 for members/\$88 for non-members. **LATE Registration (AFTER March 31), add \$20.** The Registration Form (in both paper & electronic versions) is available on BCP's website ([www.phillybikeclub.org](http://www.phillybikeclub.org)). **IMPORTANT—PLEASE NOTE:** Rooms are filled on a **FIRST COME, FIRST SERVED basis.** Due to the popularity of BCP's weekend events, *we may sell out before April 1, so please register as early as possible. EVERYONE is warmly welcome!* For any questions or special needs (e.g., triple occup. fares, food/diet issues, etc.), please contact **Linda McGrane**, at 267-251-7862, or [mcgrane\\_linda\\_a@yahoo.com](mailto:mcgrane_linda_a@yahoo.com). Each guest receives a confirmation letter with customized maps/driving directions & detailed itinerary. Danville is approximately 2 hours & 30-45 mins drive northwest of Philadelphia. We look forward to meeting you!



## Registration Form

Name(s) of Guest(s): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Relationship \_\_\_\_\_ Tel. # \_\_\_\_\_

Are you a current BCP member? Circle: Yes      No

**How did you hear about this event?** \_\_\_\_\_

Room occupancy (circle): Single      Double\*      Other\* \_\_\_\_\_

\*Name(s) of Roommate(s) [or write, "Please Assign"] \_\_\_\_\_

Special Needs [e.g., diet, allergy, etc.]: \_\_\_\_\_

Please circle your "usual" riding level: **A      B      C      D**

(If you'd like to be as specific as "C+" or "B-", that's fine!) Your response will help us to **try** to schedule the widest possible variety of rides to suit the needs of all of our guests.

<b>Class A</b>	Difficult, 45 to 100+ miles	18-20mph average on flat terrain 16-18mph average on rolling/hilly terrain 15-16mph average on very hilly terrain
<b>Class B</b>	Advanced, 25 to 90 miles	15-18mph average on flat terrain 13-16mph average on rolling/hilly terrain 12-14mph average on very hilly terrain
<b>Class C</b>	Moderate, 15 to 75 miles	12-15mph average on flat terrain 10-13mph average on rolling/hilly terrain 9-11mph average on very hilly terrain
<b>Class D</b>	Easy, 5 to 20 miles	8-11mph average on easy terrain

Ability to Volunteer/Assist with this Event [Volunteers are tremendously vital & appreciated! ☺]:

\_\_\_\_\_ Obtain & bring groceries/supplies to hotel [BCP will reimburse you]

\_\_\_\_\_ Lead a ride one day to increase cycling choices for guests at varying levels of ability/interest

\_\_\_\_\_ Help set-up party room on Friday, keep tidy between parties, and/or,

\_\_\_\_\_ Help clean up party room on Sunday

\_\_\_\_\_ Be available for 1-2 hrs on one day as a "SAG" driver, in case someone needs to be picked up

\_\_\_\_\_ Other- \_\_\_\_\_

Entrée Selection for Saturday evening dinner at Victoria House [cooking details available from Linda, if needed]

\_\_\_\_\_ White meat/Chicken

\_\_\_\_\_ Red Meat

\_\_\_\_\_ Fish

\_\_\_\_\_ Vegetarian

**Cancellation Policy:** Cancellation notices received up to two weeks prior to check-in [i.e., by Friday, April 16] will be refunded in full, minus a \$5 service fee. Cancellation notices received less than two weeks prior cannot be refunded, unless the room can be reassigned to another party, e.g., someone on the waiting list.

**Please Note:** **BCP's Weekend Events take place rain or shine.** If we provide our guests with relaxation & laughter, friendships old & new, great food & drink & merrymaking, the weekend will be a success, regardless of the weather.

Payment

Please circle your selections.	Member	Non-member**
<b>EARLY-BIRD</b> [postmarked or paid on-line By <b>Wednesday, March 31</b> ]	\$160/person, double	\$180/person, double
<b>LATE Registration</b> [Postmarked or paid on-line <b>AFTER Wed, March 31</b> ]	\$180/person, double	\$200/person, double
Single occupancy supplement, <b>if applicable</b>	\$80, if desired	\$88, if desired
**[ <b>OPTIONAL</b> ] Non-members can become "instant" members by paying an additional \$15 for an Electronic/On-Line membership. This entitles you to the lower rate. Membership is valid for one year.	N/A	\$15

**Total payment:** \_\_\_\_\_

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**Special Offer for BCP MEMBERS ONLY:** BCP MEMBERS who register for the Spring-n2-Cycling Weekend by the early-bird deadline (3/31/10) will receive a \$10/person deferred voucher (discount coupon) for the Fall Foliage Weekend in October of 2010!

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Please make check payable to: "BCP Spring Weekend". Please send your check to: "BCP Spring Weekend, c/o Linda McGrane, 87A Laurel Avenue, Cheltenham, PA, 19012-2046." Including a SASE is not essential, but is appreciated, in sending your confirmation letter/driving directions, etc., as quickly as possible. Again, if you have any **questions or concerns**, please contact **Linda McGrane**, at: **267-251-7862**, or **mcgrane\_linda\_a@yahoo.com**.

**Waiver:** I understand that participation in Bicycle Club of Philadelphia ("BCP") activities is at my own risk. For cycling events, it is BCP's policy for all participants to obey traffic laws and to require you to wear an approved safety helmet. Furthermore, by participating in a BCP cycling event I hereby represent that I am able to operate my bicycle properly and that my bicycle is in good mechanical condition. For non-cycling events, participants agree to act safely and obey any rules or regulations applicable to the event. I acknowledge that I am aware of the risks and dangers inherent with participating in this BCP event and knowingly and voluntarily assume the risk of injury resulting there from. I understand that supervision, training or oversight may not be provided by BCP with respect to this event. I acknowledge that BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators are not insurers of my personal safety or property and do not assume any liability for personal injury or property loss sustained during this BCP event. By signing below and in consideration for being allowed to participate in this BCP event, I fully release BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators from any liability, specifically but not limited to liability for their negligent acts, stemming from or relating to past or future BCP sponsored events or activities. I have read and understood this notice and release, and intend to be legally bound by it. Note: If rider is under 18 years of age, both rider AND parent or guardian MUST SIGN THIS SHEET. Use more than one line if additional space is required.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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