DECEMBER, 2008

DECEMBER WEEKLY RIDES & GENERAL RIDE DESCRIPTIONS

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar (Listed below) which you should check for specific ride leaders and any additional information on the ride.

Sundays


Hike the Wissahickon. 9:30 AM We meet at 9:30 AM and usually do 5-7 miles over mostly trails with flat options. Most, but not all, hikes start from the Valley Green Inn, but check the monthly ride calendar for starting place and hike leaders. We often go to Bruno's afterward, Directions to the Valley Green Inn: From Germantown Ave., turn onto Springfield Ave. (right turn from the suburbs, left from the city) - across from Wissahickon Cyclery. After about a mile, bear right at the fork. Please park in the upper lot and walk down to the Inn. From Henry Ave., turn onto Wise's Mill Road (left from the suburbs. right from the city). Coordinator: Debbie Hoellein, 215-833-5545.


Sunny Sunday Afternoon D Ride. 12:00 PM. The Sunny Sunday Afternoon D Ride is suspended until April, 2009. Coordinator: Jeff Bakely, 215-843-1093.


Wednesdays

Northeast Training Ride. 5:30 PM. Class B-/C+, about 20 miles. A ride into Bucks County and back. Call or email to make sure ride is going; no call (or email), no ride. Front and rear lights required. Ride will return around 7:00 PM. Meet in the Lincoln High School pool parking lot, on Rowland Ave, just north of Ryan Ave. Leader: Joe Feeney, 215-601-8412.
MTB on the Pennypack Trails. 6:30 PM. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park Lights and a trail permit are required (go to http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf to download a copy of the permit application.) Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Thursdays

Thursday Morning Training Ride. 11:00 AM. Class B, 15-16 mph, 30-50 miles. Leave from the Italian Fountain behind the Art Museum. Ad-hoc destination each week. No cue sheets. Leader: Rob Swartley, 215-913-0075,

Saturdays

Saturday Northwest Philly Rides. C to B paces. Note that from December through March/April, rides will start from Bruno’s (corner of Northwestern and Germantown Avenues, in Chestnut Hill/Lafayette Hill). We offer a variety of scenic rides into surrounding counties, often with a sit down food stop. Check Monthly Ride Calendar for specific pace, distance, destination, and start time, as they will vary each week. Also note that we will have twelve consecutive days of rides beginning December 20th, and some Sunday rides beginning at Upper Dublin High School in Ft. Washington. Coordinator: Howard Hochheiser, 215-913-3246, .

Monthly Ride Calendar

December 2008


Wednesday, December 3 - Northeast Training Ride. 5:30 PM. Class B-/C+, 20 miles. Start at Lincoln High School pool parking lot, on Rowland Ave, just north of Ryan Ave. See Weekly Rides for details. Leader: Joseph Feeney, 215-601-8412, jfe7378071@aol.com.

Wednesday, December 3 - MTB on the Pennypack Trails. 6:30 PM. Class MTB, . Start at Pine Road Entrance to Pennypack Park. See Weekly Rides for details. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.
Wednesday, December 3 - BCP Monthly Meeting. 6:30 PM. Class Meeting. Start at Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net. Leader: Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Thursday, December 4 - Thursday Morning Training Ride. 11:00 AM. Class B, 15-16 mph, 30-50 miles. Start at Italian Fountain behind the Art Museum. See Weekly Rides for details. Leader: Robert Swartley, rswartley@yahoo.com.

Saturday, December 6 - C+ training ride (Ambler). 10:30 AM. Class C+, 12-13 mph, 43 miles. Start at Italian fountain. Meet at Italian Fountain at 10:00 am. Meet at Itilanan Fountain at 10:00 am. This ride leaves from the Italian Fountain at *10:30am* and heads to Ambler. We'll try to keep a steady pace and effort (rolling speed on flat terrain ~ 15 mph). Bring 3 plastic bags (the type CVS stores use to bag your stuff), and money for a snack at Ambler's coffee or pizza shop. Rain or wet roads at start cancel. If you are interested, Route Map and Elevation Profile here: http://www.mapmyride.com/ride/united-states/pa/philadelphia/448390860. (May shorten the ride if too cold) Leaders: Rafael A. Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov

Sunday, December 7 - B Ramble. 12:00 PM. Class B, 13-15 mph, 40-45 miles. Start at Italian Fountain. See weekly rides for details. Show and go or look for an ad-hoc ride. Leader: show and go.

Sunday, December 7 - December Riding. 9:00 AM. Class C+/B-, 13-15 mph, 40-50 +/- miles. Start at Upper Dublin High School - Parking lot at Loch Alsh & Fort Washington Aves in Fort Washington. CANCELLED - WET ROADS WITH HIGH WINDS MAY CREATE BLACK ICE - NOT WORTH THE RISK. Joint ride with SCU. Montgomery or Bucks County. The summer hot weather is long behind us and now is the time to get in some cooler weather base miles without killing ourselves. Some rolling hills, no killers, indoor rest stop, no one dropped. Rain or wet roads cancels, call if unsure if ride is on. Leader: Elliot Titcher, 215-641-0607, elliott@tkccpa.com.

Sunday, December 7 - Hike the Wissahickon. 9:30 AM. Class hike, NA mph, 5-7 miles. Start at Bruno's, Northwestern and Gremantown Aves. We will do 5-7 miles in the beautiful Wissahickon gorge. mostly on trails with flat options. Four legged friends welcome. Lunch at Bruno's afterward for those interested. Leaders: Debbie Hoellein, 215-833-5545, wholelion@aol.com and Richard W. Terry, 215-675-1536, rttroadrash@msn.com


Wednesday, December 10 - MTB on the Pennypack Trails. 6:30 PM. Class MTB, . Start at Pine Road Entrance to Pennypack Park. See Weekly Rides for details. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Thursday, December 11 - Thursday Morning Training Ride CANCELLED due to WEATHER. 11:00 AM. Class B, 15-16 mph, 30-50 miles. Start at Italian Fountain behind the Art Museum. See Weekly Rides for details. Leader: Robert Swartley, , rswartley@yahoo.com.

Saturday, December 13 - Saturday C+ Ride. 10:30 AM. Class C+, 13-14 mph, 33 miles. Start at Italian Fountain. It will be cold tomorrow, so we will be going to Plymouth Meeting/Erdenheim rather than all the way to Ambler. We will maintain a steady effort and pace. Leader: Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov.

Sunday, December 14 - Winter Wimps 1 Kimberton . 10:00 AM. Class C, 10-12 mph, 30 +/- miles. Start at Chesterbrook Shopping Center,. A pretty rolling ride through the country to Kimberton Whole Foods Cafe' for organic snacks. No one dropped. Cue sheets provided. Bring snack, lock, H2O & $. A multi-club ride. Call if you want to do this ride. No calls = No ride! In the event of weather concerns, or for directions, call Arnie Roseman, 610-640-4529, biker73pa@msn.com or Steve Trobovic, wildyugo@verizon.net, 610.687.9229 Leaders: Arnold S. Roseman, 610-640-4529, biker73pa@msn.com and Steve Trobovic, 610-687-9229, wildyugo@verizon.net

Sunday, December 14 - Hike the Wissahickon. 9:30 AM. Class hike, NA mph, 5-7 miles. Start at Valley Green Inn. We will start from there and head up the trails for a 5-7 mile hike (approximately 3 hours). A few hills will be scaled to get the heart rate going. Four legged guests are welcome. We will stop at Bruno’s afterwards for lunch. Leaders: Richard W. Terry, 215-675-1536, rtroadrash@msn.com and Chris Beetham, 215-740-0973, ride_with_cb@verizon.net

Sunday, December 14 - B Ramble. 12:00 PM. Class B, 14-15 mph, 43 miles. Start at Italian Fountain. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. Leader: Jim Laurino, 215-476-5091, bcpbit.x.jmlaur@dfgh.net.

Sunday, December 14 - Supplementary to Winter Wimps #1 ride. 8:32 AM. Class C, 12 mph, 2 miles. Start at various stations on SEPTA R5 line.
We'll take the R5 Train #2515, to Paoli. Sit anywhere. Exit at Paoli.
We'll assemble on the platform. Then we will descend Bear Hill Road, two miles down hill, to the Chesterbrook Bagel Shop. There we join the rest of the riders.

We should arrive in Paoli at 9:30; this will give us enough time for a quick bagel and coffee.

At the end of the day, we won't need to climb Bear Hill Road.

Give yourself enough time to purchase your ticket before boarding.

R5 (#2515)
8:32    North Broad
8:34    Temple
8:40    Market East
8:45    Suburban Station
8:49    30th St. Station
9:30    Paoli Leaders: John C. Echols Jr, 215-382-6730, jackvortex@aol.com and Steve Trobovic, 610-687-9229, wildyugo@verizon.net

Tuesday, December 16 - Tues. AM Lansdale Ride CANCELLED FOR rest of 2008.
10:00 AM. Class none, 0 mph, 0 miles. Start at Whites Road Park, Whites Road, Lansdale 19446. NOTE: I am being moved to dayshift until at least the end of 2008 and will not be able to lead this ride anymore. If you are interested in leading this ride for the next 3 weeks, email me and let me know so I can pass the info along to others who do not read the e-lists. Leader: Monica Coleman, 610-547-1430, cyclemonica@verizon.net.

Wednesday, December 17 - Northeast Training Ride. 5:30 PM. Class B-/C+, 20 miles. Start at Lincoln High School pool parking lot, on Rowland Ave, just north of Ryan Ave. See Weekly Rides for details. Leader: Joseph Feeney, 215-601-8412, jfe7378071@aol.com.

Wednesday, December 17 - MTB on the Pennypack Trails. 6:30 PM. Class MTB. Start at Pine Road Entrance to Pennypack Park. See Weekly Rides for details. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Thursday, December 18 - Thursday Morning Training Ride. 11:00 AM. Class B, 15-16 mph, 30-50 miles. Start at Italian Fountain behind the Art Museum. See Weekly Rides for details Leader: Robert Swartley, rswartley@yahoo.com.

Saturday, December 20 - The Twelve Days of Christmas - Ride #1. 10:00 AM. Class B-, 13-14 mph, 50 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the first in a series of 12
consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Saturday, December 20 - MTB at Fairhill MD or White Clay Creek/Middle Run. 10:00 AM. Class B, 15-20 miles. Start at Fairhill MD or White Clay Creek/Middle Run. The MTB Jamboree at Fairhill MD last month was a blast, so I'm going to head down there again...or maybe check out the trails at White Clay Creek/Middle Run in northern Delaware. We'll plan on riding for about three hours. Call or e-mail to confirm that the ride is on, where we're headed, and with questions. Rain and/or poor trail conditions cancel the ride. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Sunday, December 21 - The Twelve Days of Christmas - Ride #2. 10:00 AM. Class B-, 13-14 mph, 50 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the second in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Sunday, December 21 - Hike the Wissahickon. 9:30 AM. Class hike, NA mph, 5-7 miles. Start at Walnut Lane Golf Course parking lot, Walnut Lane and Magdalena St. (one block east of Henry Ave. in Roxborough. Our route will wind along paths on both sides of Lincoln Drive. We'll hike along a few streets in Germantown to get to our brunch stop, the Urban Cafe. then back into the Wissahickon for the final leg. Leaders: Christopher Auth, 856-607-3600, chris.auth@verizon.net and Roger M. Burnham, 215-848-3545, roham215@yahoo.com

Sunday, December 21 - B Ramble. 12:00 PM. Class B, 13-15 mph, 40-45 miles. Start at Italian Fountain. See weekly rides for details. Show and go or look for an ad-hoc ride. Leader: show and go, .

Sunday, December 21 - Spin Off. 12:15 PM. Class C, . Start at Italian Fountain.

Sunday Spin Off Leaders: Tom Witt, 215-977-2164, twitt@wolfblock.com and Anthony Broomell, 484-231-1821, Broomell@noemail.com

Sunday, December 21 - First Day of Winter Ride. 2:00 PM. Class C+/B-, 13-14 mph, 25-30 miles. Start at Indian Valley Middle School, Maple and Gruber Aves, Harleysville. NOTE: This is a multi-club ride. No cold early AM starts on my rides! We'll ride somewhere with some rolling terrain and a climb or two to keep us warm. No rest stop, so bring what you need. Make sure your rear bike light is working. Any stuff coming out of the sky, excessive wind (>15 mph), temps <32 at start, or bad roads from snow or ice cancels. No one dropped. Leader: Monica Coleman, 610-547-1430, cyclemonica@verizon.net.
Monday, December 22 - The Twelve Days of Christmas - Ride #3. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the third in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Tuesday, December 23 - The Twelve Days of Christmas - Ride #4. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the fourth in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Wednesday, December 24 - The Twelve Days of Christmas - Ride #5. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the fifth in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.


Thursday, December 25 - The Twelve Days of Christmas - Ride #6. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the sixth in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Friday, December 26 - The Twelve Days of Christmas - Ride #7. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the seventh in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary
anywhere between 30 and 50 miles depending on weather conditions. We'll put in a
nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates.
Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686,
tmadle@rohmhaas.com.

Saturday, December 27 - The Twelve Days of Christmas - Ride #8. 10:00 AM. Class
B-, 13-14 mph, 50 miles. Start at Bruno's (Chestnut Hill/Lafayette Hill, corner of
Germantown and Northwestern Aves.). This ride is the eighth in a series of 12
consecutive rides that will take place over the Christmas holiday. Rides will vary
anywhere between 30 and 50 miles depending on weather conditions. We'll put in a
nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates.
Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686,
tmadle@rohmhaas.com.

Sunday, December 28 - The Twelve Days of Christmas - Ride #9. 12:00 AM. Class B-,
13-14 mph, 50 miles. Start at Bruno's (Chestnut Hill/Lafayette Hill, corner of
Germantown and Northwestern Aves.). This ride is the ninth in a series of 12
consecutive rides that will take place over the Christmas holiday. Rides will vary
anywhere between 30 and 50 miles depending on weather conditions. We'll put in a
nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates.
Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686,
tmadle@rohmhaas.com.

Sunday, December 28 - Winter Riding # 1. 9:00 AM. Class C+/B-, 13-15 mph, 40 - 50
+/ - miles. Start at Upper Dublin High School - Parking lot at Loch Alsh & Fort
Washington Aves in Fort Washington. Joint Ride with SCU. Montgomery or Bucks
County. The summer hot weather is long behind us and now is the time to get in some
cooler weather base miles without killing ourselves. Some rolling hills, no killers, indoor
rest stop, no one dropped. Rain or wet roads cancels, call if unsure if ride is on.
Leader: Elliot Titcher, 215-641-0607, elliott@tkccpa.com.

Sunday, December 28 - Not -Quite-End of the Year Ride. 2:00 PM. Class C+/B-, 13-14
mph, 25-30 miles. Start at Indian Valley Middle School, Maple and Gruber Aves,
Harleysville. NOTE: This is a multi-club ride. No cold early AM starts on my rides! We'll
ride somewhere with some rolling terrain and a climb or two to keep us warm. No rest
stop, so bring what you need. Make sure your rear bike light is working. Any stuff
coming out of the sky, excessive wind (>15 mph), temps <32 at start, or bad roads from
snow or ice cancels. No one dropped. Leader: Monica Coleman, 610-547-1430,
cyclemonica@verizon.net.

Sunday, December 28 - Hike the Wissahickon. 9:30 AM. Class hike, NA mph, 5-7
miles. Start at Valley Green Inn. We will hike in the beautiful Wissahickon gorge,
mostly on trails, with flat options. Four legged friends welcome. Join us for lunch at
Bruno's afterward. Leaders: Linda McGrane, 267-251-7862,
mcgrane_linda_a@yahoo.com and Chris Beetham, 215-740-0973,
ride_with_cb@verizon.net
Sunday, December 28 - B Ramble. 12:00 PM. Class B - 14-14.5 MPH, 14-14.5 mph, 40 miles. Start at Italian Fountain. Media via Havertown and return via Ridley Park SW Phila. Leader: Michael J Olszewski, 215-945-2437, olszewski.michael@gmail.com.


Monday, December 29 - The Twelve Days of Christmas - Ride #10. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the tenth in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Tuesday, December 30 - The Twelve Days of Christmas - Ride #11. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the eleventh in a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.

Tuesday, December 30 - Quick Release Mailing Party. 6:30 PM. Class All levels, . Start at WolfBlock LLP, 22nd floor 1650 Arch St.. Come help mail the paper Quick Release, good company and snacks for all. Last chance to attend a mailing party in 2008. Leader: Tom Witt, 215-977-2164, twitt@wolfblock.com.

Wednesday, December 31 - The Twelve Days of Christmas - Ride #12. 10:00 AM. Class B-, 13-14 mph, 30 miles. Start at Bruno’s (Chestnut Hill/Lafayette Hill, corner of Germantown and Northwestern Aves.). This ride is the twelfth and last of a series of 12 consecutive rides that will take place over the Christmas holiday. Rides will vary anywhere between 30 and 50 miles depending on weather conditions. We'll put in a nice sit down rest stop 1/2 way thru the ride so we can warm up if the weather dictates. Rain or snow cancels. Leader: Thomas G. Madle, 215-641-7686, tmadle@rohmhaas.com.